

Holiday Gifting for Any Budget
Yes, even those you don't like

Hi-Holiday Feasting
it's a thing!

LA-Winters Make You Hot

Holiday Feasts Like a Pro

LAFM Supports Mx Fashion
#gualdad #mbfwmx #partners

Caitlin O'connor

on her **LA** - Resolution

Fashion, Art and Artists
Plus so much more

Make-Up Master Class
@glamourbyhcsway

MORPHE

DARE TO CREATE



@MORPHEBRUSHES #MORPHEBABE

www.morphe.com



CINEMASECRETS[®]

PRO COSMETICS



ULTIMATE EYE SHADOW 5-IN-1 PRO PALETTE
PRO MASTERED INTENSE LONG-WEAR COLORS

CHROMA

NOW AVAILABLE

CINEMASECRETS.COM

Sensibio H2O

#1 DERMATOLOGICAL
MAKE UP REMOVER*



*Facial Cleansers for Women Sell-Out in 9 European Countries – IPSOS Survey 2015

3-IN-1 MICELLAR SOLUTION:
**CLEANSES, REMOVES MAKE-UP,
SOOTHES. HIGH DERMATOLOGICAL
TOLERANCE**



#BiodermaUSA
www.bioderma.us

BIOLOGY AT THE SERVICE OF DERMATOLOGY



Starting at
\$13.99

GET HAPPY NOW

Use code **BeMerry** for
30% off your first order.

Body Merry

Get happy about your skin

WWW.BODYMERRY.COM

OUR MISSION IS SIMPLE – PROVIDING QUALITY PRODUCTS WITH
WHOLESOME INGREDIENTS AT PRICES THAT WON'T BREAK THE BANK.

Manufactured in USA

100% Cruelty Free -
Leaping Bunny Certified

Free from parabens &
other harsh chemicals

TABLE OF CONTENTS

ABOUT

P 08 Editors Note

SHOPPING

P 11 Six Must Have Morphe Brushes

P 19 Gifting Someone You Don't Like

P 39, 50, 54-55, 57 Gifting for Any Budget

P 53 Get Glam with St Vincent Jewels

COVER STORY

P 42-47 COVER: Caitlin O'Connor; Her LA Resolution

EDITORIALS -

P 23-27 Chic Luxury

P 31-36 Carefree Wanderer

P 71-75 Extreme Lengths

P 86-91 Force of Nature

P 96-102 Visual Communication at Art Basel

BEAUTY and FASHION

P 10 Get The Look; Featuring @glamourbyhosway

P 49 MBFW MX Partnership with LAM

P 63 Capital De La Moda, MX

P 65-67 MBFW MX

LIFESTYLE

P 29 Single or Taken this Holiday Season?

P 30 HI-Holiday Survival

P 58 F*ck Buddy Rules of Engagement

P 68 Sex at Momma's Home

P 84-85 Fit Holiday with @bodybynixx

HEALTH AND CUISINE

P 64 Gastronomica, MX

P 77 A Nomad Gathering, by Tony Ly

P 78 Day Drinking Recipes

P 82-83 Chef Serena Cooks this Holiday

MUSIC AND ENTERTAINMENT

P 92-93 Bianca and Gabe on Music

P 103 Holiday Horoscopes

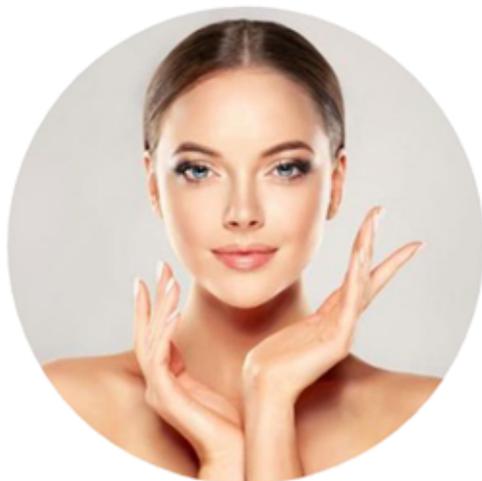
17 WINTER





“THE SECRET IS IN THE HAIR”

ADD ORGANIC SAFFRON'S HEALTH ENRICHING VITAMINS B2, B3, B6
& ANTIOXIDANTS TO YOUR HAIR REGIMEN.



BLUE EYE GEL FOR DARK CIRCLES & WRINKLES

DELICATE CARE

The skin around your eyes is one-tenth the thickness of that covering the rest of the body, it's no wonder our eyes need a little extra love. Buena Skin's Mediterranean Blue Eye Gel is the treatment you're craving for to correct and restore your eye area to help you feeling your absolute best!

Wake Up! The gel will is an energetic eye opener by evening out your complexion and diminishing the appearance of dark under-eye circles and puffiness. No more tired eyes, you'll always look restored, rejuvenated, and rested.

LOOK AND FEEL FOREVER YOUNG

We can help you to turn the clock back to your youthful days. With the Mediterranean Blue Eye Gel, you'll notice the erasing of your fine lines, wrinkles, and sagginess - you have smooth sailing skin days ahead! It will also retain and increase moisture around the eye area, defending you against potential dehydration lines, boosting your eyes' radiance.

LIGHT AS A FEATHER

Instead of using creams that feel heavy on your lids, the gel has a light-weight consistency and texture that will play well with other products you use. Incorporate into your daytime and nighttime routines to help fight and protect your eye area all day long. It's perfect to use underneath your concealer to help keep it in place.

UNDER THE SEA GOODNESS

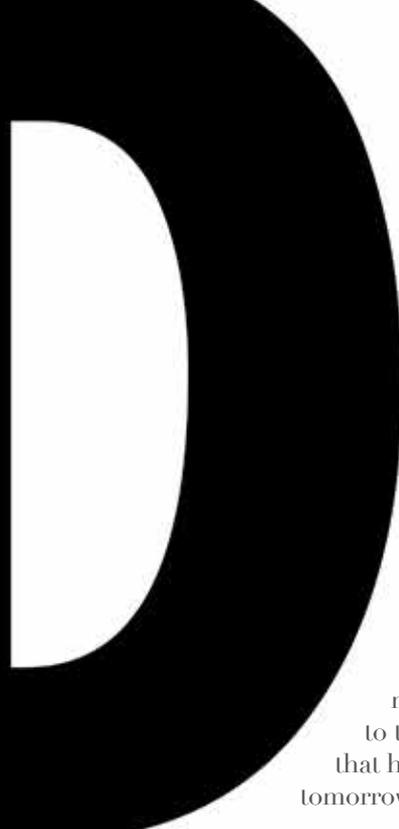
After spending millions of years on the sea's surface, blue algae had developed the mechanism to guard itself against UV damage. Our formula includes the Mediterranean blue algae extract to harness its protection against the sun, but also for their properties of defence against environmental toxins, and providing intense hydration to the skin.

- **PERK ME UP** - Your eyes can't keep a secret, it's the first to show signs of aging and stress. Buena Skin's Mediterranean Blue Eye Gel will help to improve your eye contour, leaving you with brighter and younger-looking eyes with no reason to hide them!
- **POWER NAP FOR YOUR EYES** - Reduce puffiness and the appearance of dark under-eye circles, while firming the contour area. Even if you had a late night, your eyes won't be the one to tell.
- **STOP THE CLOCK** - Hydration plays a key role in slowing down the skin's aging process. The Mediterranean blue algae extract will help to stabilize minerals that promote the skin's moisture and softness, helping you to delay the effects of time.
- **SMOOTH OPERATOR** - Saw goodbye to fine lines, Crow's Feet, sagginess, wrinkles, and unevenness. The eye gel will rejuvenate the skin's texture and elasticity to tighten up around the eye area, giving your skin an improved appearance.
- **A MULTITASKING PRO** - Use daily in your day and night time routines to reap the benefits all day! The lightweight gel will not only help you fight and correct signs of aging, but it will also protect your skin by acting as a barrier to all environmental toxins, while rehydrating your skin.





FROM THE EDITOR IN CHIEF
NINA VARGAS



As the end of another year nears, we begin to reflect on all the memories created. Some may have brought smiles, others, tears, and unfortunately, in some instances perhaps it was losses... nonetheless, as we sit back and reflect on each passing moment we can't help but think back on everything...

...This season is no different to us. As we begin to look back at all we have accomplished through 2017, we smile at the progress - one that has only been possible thanks to your support. This doesn't mean we didn't have hiccups. Trust me, we did - but it was due to those bumps on the road that helped mold us to a better tomorrow.

Therefore, as we look back, we can unmistakably note that this issue is dedicated to YOU; as we begin to unleash what we call our "LA" resolution, we resolve to continue to commit ourselves to YOU, our reader.

For that reason, our next issues in 2018 forward, will promise to bring you travel and experiences, art through music and inspiration, fashion through design, and lots of innovation to continue to move you. But most importantly, we promise to bring you edgy conversation starting issue releases that promise to deliver content that is unmistakably stimulating. Issues that will fulfill any hunger, big or small, but leave you always welcoming for more.

So, grab yourself a cup of hot cocoa, go wild and add a few extra marshmallows, and help us bring in the new year.

See you in 2018.

As part of "My LA Resolution" Issue, I hoped to share a piece of the next stage in an ever-evolving magazine; a magazine's whose leadership has fostered a purposeful, determined, and unwavering commitment to providing interesting, engaging, and actionable content. Some might call this unswerving, unwavering, unfaltering, unhesitating, unshakable, and indefatigable mindset ... resolute.

And so, to that end, we resolve -

To be edgy, without offending; To be humorous, without bullying; To question beliefs, without sacrificing core values; To initiate conversations, without arguing; To share perspective, without judgment; To celebrate the individual, without abandoning our communities.

Continue to be our partner as we explore 2018 together.

- Philip Righter, Special Projects



GET THE LOOK

as seen on @glamourbyhosway

Proto taken from Instagram



Using @citycolorcosmetics Glow facial oil & all in one correction palette to cream contour plus contouring buffing brush #ad @Lagirlcosmetics new brushes for this look- Also using their pro concealer in "Creamy Beige" & blush in "just for fun"
 Lips @highlightcosmetics "terracotta dreams"
 Blue shadow @nomadcosmetics "Havana"
 Eyeshadow palette @pinkyrosecosmetics "runway"
 Beauty sponge @heavenandhannah
 Eyelashes @houseofflashes "Radiance" + their eyelash glue
 Mascara @buxomcosmetics "big tease"
 Brows @benefitcosmetics #5 precisely pencil
 Foundation @bhcosmetics in deep coco & chestnut
 Highlight @ofracosmetics @nikkietutorials "blind the haters"
 Lipliner @maccosmetics "chestnut" & fix+ setting spray
 Contour @coverfx powder foundation (the deepest shade)
 THE BLING? Choker @goodlookingtoo



Giving you J-Lo bronzy vibes #GlamourByHosway • Product breakdown

As the Holiday's are nearing you can't help but want to load up those BEAUTY TUTORIALS to learn how to best get that FESTIVE GLOW...after all, practice makes perfect according to Momma...

But what if you could learn the tricks of the trade and create your own glam routine? Thanks to @glamourbyhosway this is all possible! He teaches an intimate course on how to become an artist but focusing on what matters most - YOU!

YOU, YOU, YOU!!!



THANK YOU HOSWAY FOR BEING SUCH AN AMAZING INSPIRATION AND MENTOR TO SO MANY OUT THERE.

WE AT THE LA FASHION MAGAZINE LOOK FORWARD TO FOLLOWING YOU THROUGH YOUR ROAD OF BEAUTY AND PARTNERSHIPS WITH AMAZING BRANDS.

HAPPY HOLIDAYS FROM LAFM

#makeupaddict #wctandwild #hairstyles #lamia #katvond-beauty #sephora #ultabeauty #subscriptionbox #mallosmetils #nars #stilaosmetils #beautyblender #blashoetique #anasiabeverlyhills #fyielosmetils #pixibeauty #ofracosmetils #timelrme #makeupforever #fashionova #girlythings #myxosmetils #loralcosmetils #morphebabes #loverjreil #mambelline #revlon



TALK TO US ABOUT

MORPHE

Brushes!

BY VALORY DE-LUCCA

It happens to all of us; you go to the beauty store and there they are - beautiful, soft, art tools...and there's SO MANY of them to choose from. Then it hits you, what are all of these for? Do you really need a contouring set? And does it make a difference between a flat brush, soft brush, hard bristle, soft....face it, shopping for brushes does get overwhelming. Plus, for those of you who like to buy the kits, it doesn't always have the ones YOU need all together.

So THE LA FASHION took a course with @glamourbyhosway and learned a lot on the art of MAKEUP and couldn't be happier!

Therefore, allow us to break down what we felt are the 6 MUST HAVE brushes that you should own - and if you don't own them already, we recommend our go to favorites at @morphebrushes !

- 1) Contour Fluff Brush (M556); To Contour
- 2) Gunmetal Flat Contour Brush (G30); Contour and Sculpting
- 3) Large Dome Powder Brush (G0); Your Base
- 4) Pro Firm Blending Crease Brush (M44r); For Deep Shadows
- 5) Gunmetal Round Eye Shadow Blender Brush (G17); To Blend
- 6) Tapered Mini Blender Brush (M44r); Precise Application

*** And it should go without saying - buy a blending sponge

HAPPY SHOPPING!



GLAMOUR BY HOSWAY
MASTER MAKEUP SEMINAR
Miami
DECEMBER 8TH 2017
MAKEUP KITS + CERTIFICATE OF COMPLETION
STARTING YOUR BUSINESS + SOCIAL MEDIA GROWTH
ONLY 10 TICKETS AVAILABLE

GLAMOURBYHOSWAYMIA.EVENTBRITE.COM

@GlamourByHosway Presents -
Los Angeles
MASTER MAKEUP SEMINAR
DECEMBER 17TH 2017
FULL MASTER KITS + MAKEUP 101 CERTIFICATION
STARTING YOUR BRAND + SOCIAL MEDIA GROWTH

GRAND SHERATON HOTEL - DOWNTOWN LOS ANGELES

LANEIGE
#MyBeautyis

Join an exclusive MasterClass & learn how to achieve your best glow & makeup look with one of the industry's leading pro makeup artist @glamourbyhosway

Plus: get insider Ki-Beauty tips & skin secrets from LANEIGE Skincare Leader Aislinn Sanchez

SEPHORA
Exclusive Event

EDITOR IN CHIEF - NINA VARGAS
SPECIAL PROJECTS - PHILIP RIGHTER

MANAGING EDITOR - LISA PALLAY
MARKETING MANAGER - JAMIE ROSE GONZAGA
INTERNATIONAL MARKETING DIRECTOR - LO DORANTES

LAYOUT DESIGN and CREATIVE
Christian Colon and Sebastian Lysen

COVER PHOTOGRAPHERS
Alfred Liebl

FEATURE EDITORS
Natalia Garcia, Kevin Benoit, Gabrielle Allen, Myra B
Johnson

CONTRIBUTING EDITORS
Valory De-Lucca, Sandra Pearce, Elizabeth Park, Ricer
Callaway

PHOTOGRAPHERS
Alfie Liebl, Kirill Buryak, Vi Media

BEAUTY / HAIR (Cover)
Melissa Contreras, Vanity Paulyna

FASHION STYLIST
Ana Sosa

FITNESS AND HEALTH
Holly Barker, Nicole Amato, Serena Poon

SOCIAL MEDIA
Ana Alexandria Sosa, Becca Sanders, Beth McDonald
Erica Cortez, Kimly Sanders, Susanne Li

ADVERTISING / MARKETING
Leni Hipolito, Janice "Alex" Gonzaga, Jhurianne Munges,
JackyLou Agcamaran, Megan Averbuch,
Peter Curti, Janice Chung

RESEARCH
Allyha Phillips, Evette Smith

OPERATIONS
Karen Johnson, Katherine Jaccobs,
Tamara Brown

**THE LA
FASHION
MAGAZINE
(LAFM).**
LAFM is a global
media company
producing premium
content for more than 2
Million consumers.
thelafashion.com

WINTER PARTNERS
MBFW MX, CINEMA SECRETS,
MORPHE, AMCO NY, MANNFOLK
PR, FLOW MX, DESIGNER/
REGARD STYLE HOUSE, V MEDIA

Subscription and Distribution Inquiries
info@thelafashion.com
Permission and Reprint Requests:
info@thelafashion.com or fax (917) 591-1775

Please address all editorial, business and production
correspondence to:
The LA Fashion Magazine
8549 Wilshire Blvd., Ste #1055
Beverly Hills, CA 90211

©2017 by The LA Fashion Magazine Multimedia.
All rights reserved. No part of this periodical may be
reproduced in any form or by any means
without prior written permission from

Printed in the USA by Axiom Designs

SPECIAL THANKS
Joseph Cavallo, Executive Chairman



BEVERLY HILLS *Microblading*

THE BROW & BEAUTY EXPERTS



THIS SIGNATURE SEMI-PERMANENT MAKEUP TREATMENT IS MODERN & REVOLUTIONARY. MICROBLADING CAN TRANSFORM YOUR FACE, BY CREATING YOUR EYEBROWS STRAND-BY-STRAND, FOR THE MOST NATURAL-LOOKING 3D-LIKE RESULTS; PERFECTLY FILLED-IN, AND BALANCED. THE EYEBROW SHAPE & COLOR IS CUSTOM-MADE TO YOUR FACIAL STRUCTURE. RESULTS WILL LAST FOR UP TO TWO YEARS DEPENDING ON YOUR SKIN TYPE.

BEVERLY HILLS MICROBLADING
WWW.BEVERLYHILLSMICROBLADING.COM
IG: @BEVERLYHILLSMICROBLADING

START A REVOLUTION
STOP HATING YOUR BODY

START LOVING IT INSTEAD.



Not a Lip Balm

A stress relieving headache pressure point stick.



Dollface

An organic sugar and raw honey face scrub for problem skin.



Purple Reign

A lavender and chamomile infused hard lotion stick for dry skin.

In The Weeds specializes in all-natural and handmade skin care products for the face and body to help you with your body image revolution



shopintheweeds.com

 [intheweedsnaturalskincare](https://www.facebook.com/intheweedsnaturalskincare)  [in_the_weeds_natural_skin_care](https://www.instagram.com/in_the_weeds_natural_skin_care)  [InTheWeeds_Skin](https://twitter.com/InTheWeeds_Skin)

FUN

GIFT IDEAS FOR THAT PERSON YOU CAN'T STAND...

BY KEVIN BENOIT & PHILIP RIGHTER

UUGGGHHHHHHHHH! Happy Holidays!! It's that time of year again – the smell of cinnamon and fresh **murdered** trees; festive Holiday parties, fashionable sweater vests; and unnaturally over-smiling sales associates tracking you like Dogg the Bounty Hunter, just itching to close another sale.

What is intended to be the most joyous and thoughtless time of year has become - for many people - the beginning (or continuation) of a massive Xanax addiction. After many **seconds**—days of reflection and soul searching, I had an epiphany.... There is a direct correlation between my joy of shopping and my level of sobriety.

You can cry, yell, or even refuse to open the little doors on your advent calendar; but you cannot change the fact that it's shoppin' time.

I'm here to walk you through this, but we need to hurry. I've got yoga in 5 minutes.

First, buy two boxes of liquids. The first – a giant box [yes, boxed coffee!] of Starbucks. The second, a giant box of wine (only kind you can afford after the box of Starbucks).

Now, drink both boxes.

You are now sufficiently energized to go shopping but drunk enough not to accept responsibility for what you buy.

Some people find joy in everything! Good for them. I mean, la-di-dah. And I know this sounds ...well, dick'ish.... but I am not like those Mary Poppins, Julie Andrews, **Mrs. Doubtfire**—wannabes.

My life is very hard. I have my own shit to do. I must buy gifts for people I actually care about and that's stressful. But now I have to buy gifts for people I just don't like. Maybe it's their fault. Maybe it's mine. No, it's for sure their fault. Definitely.

Anyone remember back in the good old days (like the 90's?) if people didn't like you, and you didn't like them – neither of you expected anything? When I find the millennial (come on, you know it was one of those do-gooder's) responsible for this shift in gift policy; I'm going to drown him in eggnog. (You're welcome.)

I digress. I think I drank the wine before the coffee. Crap.

This is my point. We gotta buy gifts for people we don't give a rat's ass about; so, what do we do? I've done some polling (i.e. talked to Phil, who claims to know everything) and here are some tips:

1) Wrap it. (dirty, dirty, I know what you're thinking ...)

Nothing says, "I hate you" more than a well wrapped gift. This is only done to make others think we are better, kinder, and more thoughtful. Even if Sally is your worst enemy, at least the other ladies will think you are the better person; such thoughtful paper, the ribbons – oh –

the perfect little gift tag. You are such a pillar of Good Cheer! Even if Sally is your worst enemy you were still nice enough to get her something. (You also still need Sally and the others to like your latest Instagram post about over-priced organic gluten free non-GMO strawberries.)

2) Don't buy flowers, arrangements of flowers, or arrangements containing any fruit, flower, cookie combination ... you know what I'm talking about. You know.

You might as well arrive with a sign around your neck with "I forgot you and stopped at the corner store on the way over" written in black marker.

Flowers also die. Which is an ironic reminder to you both about the state of your relationship with each other – dead, or nearly dead.

3) At this point I know what you are thinking. GIFT CARD!!

No, no, no. Of course, gift cards are the easiest to buy and most universally-liked gift to receive. But reel it back in – remember, we don't like this person and although we must arrive gift in hand; we absolutely do not want to make them happy either. This gift is a positive statement (**and will only add to your negative balance**)-

4) Where was I? Oh right. You might think, "I'll get them perfume, cologne, creams or some nice fancy hand soap."

Beware. Caution. Red Alert.

All those seem nice if you like the person, but giving those sorts of gifts to people you dislike is tantamount to starting World War III.

"You think I smell bad?"

"Do I have too many wrinkles?"

"My hand soap is not of high enough quality?"

Oh yes. Sally will run herself ragged telling her girlfriends, "Oh my God Cheryl, look what Linda gave me. Who does she think she is? Just because she lives in the city now doesn't give her the right to look down on us with her \$42 hand soap."

So, what should you buy? My friends, my dear, dear, friends ... the answer was right in front of us the whole time (or hidden in the desk drawer...what-ever).

The gift you give is liquor. Liquor. L-I-Q-U-O-R.

Chances are, this person isn't overly fond of you either; so, it's not only a good gift, it's also a sign of mutual respect and understanding.

Open immediately. Drink quickly. Presto! Sally ain't so bad after all (unless, of course, the reason you don't like Sally is that she's a horrible drunk. Doh!).

Clearly, the bulky, disorganized cosmetic bags and cases of yesteryear were in need of a major 21st century makeover, and the **M·Y·O Cosmetic Clutch™** was created to do just that.

- Suzanne Carter, CEO/Founder of MYO Cosmetic Cases

Say "hello" to a first-of-its-class cosmetic case designed to support modern women and their "go-everywhere/experience everything" lifestyles.

The award-winning M·Y·O Cosmetic Clutch™ signals a new era in "on-the-go" beauty, offering a fresh caliber of convenience, customization, and quality, all with a space-saving, eco-conscious twist. "Whoever invented the makeup bag, clearly did not anticipate women to be traveling back and forth between meetings, juggling multiple social, professional, and personal obligations, or a last-minute weekend away," says Suzanne Carter, founder of M·Y·O Cosmetic Cases. "Clearly, the bulky, disorganized cosmetic bags and cases of yesteryear were in need of a major 21st century makeover, and the M·Y·O Cosmetic Clutch was created to do just that.

Now, there is a cosmetic case designed to empower you, rather than weigh you (and your handbag) down. No bigger than a large cellphone, the M·Y·O Cosmetic Clutch makes it easy to carry your favorite cosmetics wherever life takes you. Handpick and organize your own custom makeup palettes with pans and other cosmetics or safely stow cosmetic creams and other toiletries during travel. Go ahead and be moody; with the M·Y·O Cosmetic Clutch you can curate your beauty collection...daily.

From its smart spill-proof seal to its proprietary M·Y·O Beauty Pods™, that keep creams and liquid makeup intact, M·Y·O offers a litany of beauty innovations to ensure an always crush-proof and oops-I-spilled-liquid-all-over-my-purse-proof experience.

Made with recyclable materials and a design that encourages the use of eco-minded cosmetics that cutdown on needless packaging and waste, the M·Y·O Cosmetic Clutch is not only great for your beauty routine; it's great for the planet too.

Discover a new way to beauty today!



M·Y·O
Cosmetic Cases®
myocosmeticcases.com

Photography by Kirill Buryak

**I RESOLVE
TO UNLEASH
MY INDOMITABLE
WILL**

LA
THE LA FASHION MAGAZINE



Clartee is your one stop shop for all of your precious and semi-precious gemstone needs. When we first began, over a decade ago the idea was simple: offer beautiful stones with exceptional service. Today with the click of a finger you have access to hundreds of precious and semi-precious gemstones on our website such as sapphires, rubies, emeralds, tourmalines, and many more! We understand making your dream jewelry piece can be a staggering process, and we at Clartee take pride in being able to bring you one step closer to fulfilling your vision in offering you the ideal gem. A promise of exceptional service from us means a quality product, fast delivery times and our attempt to offer you the best experience from our end. So, what are you waiting for? Visit us at Clartee.com and lets match you up with your ideal gemstone!

CHIC LUXURY

Smart - Elegance - Sophistication - Refined
Through this editorial you find yourself transported into
all that is chic and luxurious.

To us, CHIC LUXURY is synonymous to "MARA & MINE"
To us, "MARA & MINE" is a MUST HAVE.

PHOTOGRAPHER: Darren McDonald
MODEL: Diana Silvers
ARTIST: Stoj





“By recalling the elegant, minimalistic undertones of European sophistication, we become timeless in style.”





A woman with dark hair pulled back, wearing a black short-sleeved top and black leather pants, is posed against a solid red background. She is leaning forward with her hands clasped, looking towards the camera with a serious expression. She is wearing a large, dark, circular ring on her finger.

“CHIC LUXURY -
a statement for the strong
and modern.”

**I RESOLVE TO
TRAVEL THE WORLD...
AND OUTSIDE
MY COMFORT ZONE**

CUFFING SEASON

AM I ONLY WITH YOU TO NOT BE ALONE THIS HOLIDAY SEASON? OR IS THERE REALLY SOMETHING THERE?

BY NATALIA GARCIA

Am I the only one that fears being single through the holidays? I mean, who wants to be alone when every corner you turn to you see happy couples hand in hand strolling through with love eyes on overdrive, taking selfies of the memory. Truth is however, as much as I continue to roll my eyes at the sight of each Romeo and Juliet I see, I have this void that needs to be filled inside me....that's when I begin to wonder if staying with my bumpy romance through the holidays is a good idea.

When #bae and I started dating it was marital bliss. We were like a power couple that was often tagged as #relationshipgoals and we couldn't help but share it through all social platforms because we were so proud. But after the honeymoon came to an end there came the break up, then the make-up, and then I'm not sure what happened but it became dark. I use to think it was for the sex, but then that started to go too. Yes, we have happy moments here and there but I suppose that the truth is that the countdown has begun and I don't think a breakup now will be good. After-all, I already RSVP'd for 2 to some parties.

You see, the holidays are all about love, laughter and happiness - the things that according to social media come from being with a significant other. We all want someone to hold and be able to create memories with this season. More importantly, we want to avoid the ongoing infinite questioning as to

But truth is, whether or not you are ready to admit it -...if it's not working out between you and Bae, it is best to walk away and not make it awkward. Because though you may save face this holiday avoiding the single comments and questions bringing them to events, you'll be stuck explaining why that loveable partner you had is no longer in the picture for years to come (And trust me, nothing will sting more than having mom ask, what YOU did wrong to the relationship). However, honestly, if it's not working out then it's not working out and it shouldn't be forced. Will it be awkward at first? Yes, but we need to be honest with ourselves on this one.

Being single will open up the opportunity to be reckless and ok with it if needed. It'll lessen your shopping list, and help avoid those awkward meet and greets with new family and or having to introduce those skeletons in your families closet. It'll also let you act a fool singing along to Mariah Carey, sipping hot cocoa (adult style), and watching your favorite black and whites.

The main reason it's ok to be single during the holidays? You only have to worry about making YOURSELF HAPPY, and there's nothing wrong with that.

Happy Holidays

H

HOLIDAY

BY NATALIA GARCIA

It's beginning to look a lot like Christmas – and as we prepare for decorations, good food, and tons of cheer we welcome busy schedules, family events, and all-around heightened socialization.

For many, as is with me, this time of year can be full of stress and anxiety with far too little opportunities to relax. And though we may not be able to make the stresses of the in-laws disappear, I can certainly help you discreetly relax with a bowl of your favorite bud.

Yup, I said it – I GET HIGH TO SURVIVE THE HOLIDAYS...and chances are I am not alone.



Think of your Thanksgiving Diner, Family Visit, Winter Vacations and Staycations. The mere thought of it has me wanting to light up.

So allow me to share with you my easy holiday resolutions to get me through it all.

The easiest thing I recommend for anyone is eating. There is nothing more grand, and easy to hide, than the feeling of binging on your holiday meal while high. I like to think of this as an appetizer to any meal. Soon you will know why edibles become the preferred way of consuming because it's extremely discreet, and no smoke trail left behind. Just remember to give yourself at least an hour for the high to take effect and though you will be enjoying baked goods, you don't want to over-bake and miss out on dinner.

The other wonder of cannabis that I carry is tinctures. These palm-sized products conveniently fit in your pocket or purse and can be dispensed as needed with a dropper. Best part, is since the tincture oil absorbs under your tongue, there's no need for a long

reaction time which makes it perfect for dosing up as needed.

Prefer to smoke it? Try using a one-hitter, a quick and easy way to help take the edge off a hectic night at home. What I do? I take a moment to toke up in my parked car in the driveway before entering my in-law's home. It truly helps. But remember to keep the windows cracked to prevent your clothes from giving you away.

Lastly, I love my vape pen. It's infused with oils and is very discreet, and quite chic if I may add. The only thing I must remind everyone on, besides the quality of the oil, remember to go near a vent or in an open area.

So whether you agree with the above or not, facts is cannabis is becoming welcomed as a lifestyle. Therefore, this season you may still need to be discreet, but I doubt this will be forever.



PHOTOGRAPHER: Vi Media

MODEL: Maya Hayashi

ARTIST: Allyha Phillips

Hoodie: Control Sector

Rings: Obdec

From AMCO NY

CAREER WANDERER

with *Maya Hayashi*



Glasses: Burkina Bae
Jacket: Foxbait
Body Suit: Calving Klein
Jeans: STS Jeans
Shoes: Lola Shoetique
Rings: Obdee
From AMCO NY

On My Way to Apothéke

THIS PAGE:

Hat: H&M
Jacket: Models
Top: Nicole Bell
from AMCO NY
Pants: Control Sector
Shoes: Zara
Jewelry: Obdec
From AMCO NY

OPPOSITE PAGE:

Top: Foxbait
Jewelry: Obdec
From AMCO NY

But First, #CICF Ice Cream



ONE BRACELET WON'T CHANGE THE WORLD
BUT THE WOMEN WHO WEAR THEM WILL

sand & stone

HANDMADE JEWELRY





www.iceinkwatch.com



IceLink



LET'S TALK ABOUT *Six*

GIFTS *in the* K-DIGITS



- 1 LV SUPREME MONOGRAM HOODIE, 2 CASH, 3 BMW I-8
4 RICK OWEN'S CROCODILLE SNEAKER, 5 ROLEX,
6 HARRY WINSTON WREATH NECKLACE, 7 CHANEL
8 XOLOSCUINTLE DOGS



Pink karma

JEWELRY ALWAYS FITS,
SO WHY NOT BE TIMELESS?

PHOTOGRAPHER: Alfred Liebl
MODEL: Caitlin O'connor
HAIR: Melissa Contreras
MAKEUP: Vanity Paulyna
STYLIST: Ana Sosa

Jewelry: Mahrukh Akuly
from Designer/Regard Style House
Jumpsuit: Hottie and Lord
from MANNFOLK PR



CAITLIN O'CONNOR

AND HER LA RESOLUTION

BY LISA PALLAY

Holidays in LA are unlike any other. From warm weather one day, to a quick drive to the snow on another, you can pretty much customize your holiday in any way you like.

And this season is no different. The LA Fashion is enjoying the holiday season with lots of festive parties, gift exchanges, and of course, shopping! Shopping, shopping, shopping!!!

But no holiday would be complete without their holiday resolution, or as we at the office like to call it; AN LA RESOLUTION.

Therefore, as we say goodbye to 2017 and toast to a new year, we always take the time to reflect on the year that has gone. We not only think about the great things we've accomplished this year, but we also think about ways we can grow and be even better in the next. There are many people we've built relationships with, and this year, our wish was to feature a dynamic woman with a bright future and a story to tell. When we met Caitlin O'Connor, we knew she was that woman. We've been following her career for quite some time now, and finally have the chance to not only get to know her personally, but introduce her to our LA Fashion readers.

TELL ME ABOUT YOURSELF, WHEN DID YOU KNOW YOU WANTED TO BE AN ACTRESS?

I knew when I was about 5 years old. My parents were both in the industry, but they kept me from it until I was 18. When I went to college at UCLA, I got my SAG card and booked my first line on a show my dad was working on.

BEING THAT YOU WANTED TO ACT AT AGE 5, DO YOU WISH YOU HAD STARTED SOONER THAN COLLEGE?

I'm actually glad my parents kept me from it for so long, because I've heard so many dark stories involving child actors. Children are so vulnerable and I definitely think that my parents keeping me from it shielded me from a lot. It allowed me to go to college and get my degree in English and a minor in Theater, which is a great plan B if I decide to go a different route.

HOW LONG HAVE YOU BEEN ACTING?

Professionally since 2013.

WHAT'S YOUR FAVORITE PROJECT THAT YOU'VE WORKED ON SO FAR?

I've been working for Maxim Magazine hosting. I feel like when I get to host, I really get a chance to show my personality to my audience. I have more freedom to be myself, so that is definitely something I love to do.

WHERE DO YOU SEE YOURSELF IN THE NEXT FEW YEARS IN YOUR CAREER?

I would like to continue acting and hosting. I want to get married, too.

WHAT ACTORS OR ACTRESSES WOULD YOU LOVE TO WORK WITH ONE DAY?

Kelly Ripa and Sofia Vergara.

WHAT IS YOUR DREAM ROLE?

I would love to play a superhero or some sort of badass female character. It's so empowering to see a woman in this role, and it's a dream for me to be able to do that.

HOW DO YOU FEEL YOU'VE BEEN ABLE TO MAKE A NAME FOR YOURSELF IN THE INDUSTRY?

Social media, specifically Snapchat, and Instagram. It's a double edged-sword, though. Sometimes when you gain popularity on social media, people tend to think or call you an "Instagram model", when in fact, I am more than that. My catalog of modeling goes beyond social media, and I've worked very hard to become a professional actress and model.

WHAT'S YOUR FAVORITE THING TO DO IN LA?

Well, I live in DTLA, and my favorite thing to do is to watch the sunrise in my jacuzzi. Everyone wants to live here in California, so I try to take advantage of the views and its beauty as much as I can.

WHAT DO YOU WANT TO BE KNOWN FOR?

I want to be known as an actress and film producer. I recently produced 3 feature films, Glassjaw, Electric Love and Ride Share.

**I have more
Freedom
to be
Myself.**





OPPOSITE PAGE
Suit: Kenneth Barlis
Chest Piece and Jewelry: Mahrukh Akuly
All from Designer/Regard Style House

Jewelry: Mahrukh Akuly
from Designer/Regard Style House
Jacket: Temraza
from Designer/Regard Style House
Dress: Mimi Tran
Boots: Lola Shoetique



PROVEER

www.shopproveer.com



VIVA MEXICO

in partnership with LAFM

We at THE LA FASHION are proud to be able to partner with MERCEDES-BENZ FASHION WEEK MX as part of their INTERNATIONAL MEDIA OUTLETS.

“It is all about coming together, showing support, and believing in the people involved. There is such beauty in the heart and pride of Mexico - and it’s not just because I am from there. Anyone who is lucky enough to experience the people will understand why it is we stand behind their efforts. As long as they will have us as partners, THE LA FASHION will continue to support FASHIONWEEK MX, and all of their projects.”

- Nina Vargas, President and Editor in Chief for LAFM

Showing an even greater commitment in our international presence - we have partnered with Lo Dorantes from FLOW MX to be part of our International Marketing expansion. Thanks to her support in THE LA FASHION vision we were able to not only secure partnerships as we begin to work on our PASSPORT Edition (more info to be released Q1 2018), but we also have opened doors to our first office in Condesa in Mexico City.

As stated by our Editor in Chief, THE LA FASHION is dedicated to support #FASHIONWEEKMX and we will continue to do so for the seasons to come.

Afterall, this is only the beginning.



GIFTS *in the* HUNDREDS



2



3



4



5



6



7

- 1) I-PHONE X (wait for holiday last Min Sales), 2) FENDI SHADES, 3) NESPRESSO MACHINE
4) OFF WHITE T SHIRT, 5) BALMAIN JEANS (Bergdorf Goodman!), 6) SECRET ENVY NY
7) CHRISTIAN LOUBOUTIN



MAHRUKH AKULY
— *jewelry* —

ACCESSORIES
THAT COMPLETE YOUR LOOK!

Visit us

www.mahrukhakulyjewelry.com

Follow us on Instagram

[mahrukh.akuly.jewelry](https://www.instagram.com/mahrukh.akuly.jewelry)

Contact us

mahrukh.akuly.jewel

"At Feodora, we believe there's no reason working women should be confined to a timid palette of blacks and whites! Stand out from the crowd and express your personality with our selection of vibrant, joyful colors and creative designs."

-Virginia Julfayan-Gregorian,
Designer

Feodora

www.feodora.us

MODEL: CASEY CLARE PHOTOGRAPHER: VI MEDIA



GET GLAM THIS HOLIDAY

Your One Stop Shop
For All Your Sparkling Needs
- #DTLAgam

Downtown LA is returning to an era of elegance in which a new breed of city dweller is choosing a live + work experience marked by high-rises, high-balls, and high-glamour.

BY LISA PALLAY

Photo Provided by
Big Imagination Group

It's the holiday season, which happens to be one of our favorite times of year at The LA Fashion. From holiday parties, gift exchanges, and prepping for the New Year, 'tis the season to get glam and end the year in style, and thanks to all our little "shop-aholic" journalists, we were able to score the inside to this downtown gem.

Well, if you haven't already made your holiday wishlist, then you'll want to make sure St. Vincent Jewelry is your go-to for gifts this year. St. Vincent Jewelry, the world's largest jewelry collective, offering more than 500 independent merchants who offer diamonds, precious gems, pearls, platinum, gold, silver, and designer time pieces at wholesale prices direct to you!

Located at the heart of DTLA's historic district, you can shop, eat, and head right over to St. Vincent Jewelry to take in their dazzling array of diamond rings, earrings, necklaces, bracelets ready to wear and custom designs.

(This is the perfect place to visit, make your wish list, and just like we do - leave it out to be found by Santa's Little Helper.)

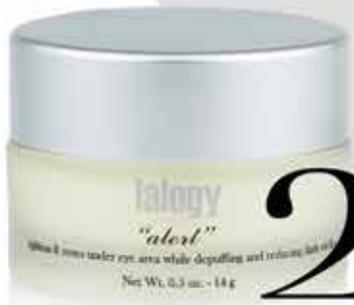
St. Vincent Jewelry is open 10am-5:30pm Monday through Saturday, and will be open every Sunday until Christmas! This means every day until Christmas, you have a chance to pick out the perfect gifts for the ones you love...and something for yourself, because you're totally worth it!

Happy holiday shopping!



GIFTS *in the*

1



2



3



4



5



6

7

FIFTIES



8

10



9



12



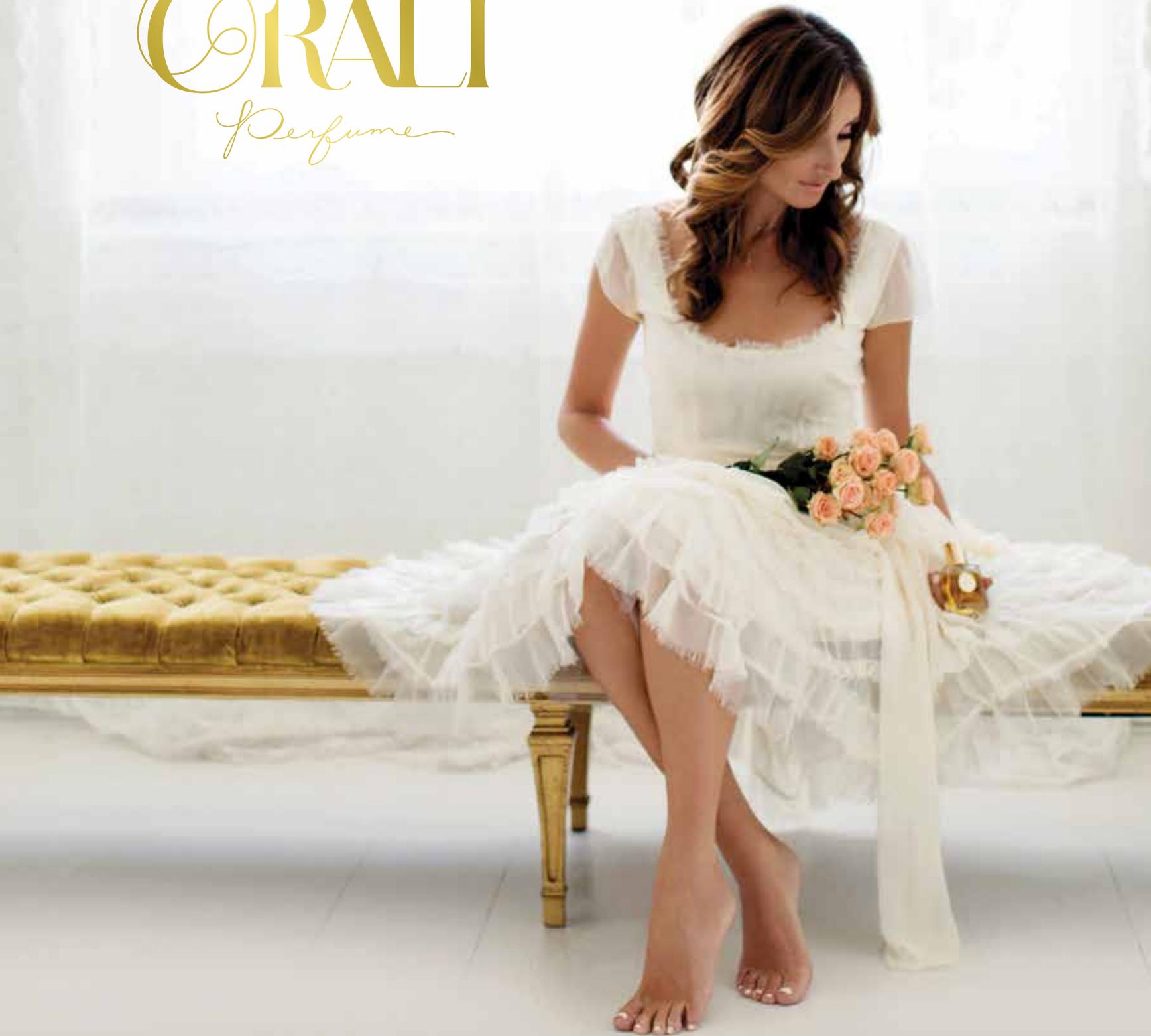
11

- 1) LALOGY "ALERT", 2) F21 GIFT CARD, 3) KYLIE LIP KIT, 4) FIT BIT 2, 5) UNIQLO VEST
6) FENTY MAKEUP, 7) O-DIOR POISON - GIRL, 8) DAPPER KEEPER POCKET SQUARE,
9) SAFFRON SECRET HAIR MASK, 10) BIODERM SKINCARE SET, 11) TOP SHOP GLOVES
12) JERDON BEAUTY MIRROR

CUSTOM SCENTS
that let your Inner Goddess shine

ORALI

Perfume



GIFTS *all under* FORTY



- 1) OSTER ELECTRIC WINE OPENER, 2) MORPHE BRUSHES,
- 3) THE NORTH FACE GLOVES, 4) CELLPHONE CASE,
- 5) SONAGE PATAGONIA BERRY STEM CELL MASK,
- 6) STARBUCKS MUG or GC, 7) COLE HAAN SOCKS,
- 8) ECRU NY LIPSTICK, 9) ELECTRIC HAIR BRUSH
- 10) DEKKE HUD MASK

KEY



IS THERE SUCH A THING? OR IS IT JUST COMPLICATED?

BY GABRIELLE ALLEN

The Holidays are here and you want to embark on a casual, no-strings-attached relationship? That is **WONDERFUL NEWS!** As long as you are aware of exactly what you are getting yourself into.

It is clear that there are plenty of benefits to having this sexy-treat available for your cravings but we can't help but point out a few **KEY** things.

1) Don't try and convince yourself the relationship is more serious than it is. Face it, no matter how hard you try to not catch feelings chances are one of you will. But, if you've been sleeping with someone who openly confessed that they consider you nothing more than a sex-bud, don't think that you will fully change their mind. Our recommendation? Just appreciate what you have and when feelings begin, move on to the next.

2) Met Someone New? Don't assume exclusivity until all parties agree. Keep in mind, if you entered with casual sex, chances are they did too! So talk it out then make a decision.

3) Keep Your Booty Call **FAR FAR AWAY**. Your fuck-buddy should fill the same role as an imaginary friend. There when you need them, gone when you don't – and this is because they should be temporary. If you start to bring #sexbae into your daily routine, you will begin creating a long-term connection. So pick wisely, and if your hookup is already in your inner circle, be forewarned that this may not be a good idea.

4) Sleep Over not Needed – Try to not generate too much cuddle time. This moment is what leads to emotional bonding and intimacy. So get your fix and you should each go back to your own beds. The sex can be better that way too.

5) Remember they are not your significant other. This means, if you catch them on a date with **NOT YOU**, it's not cheating. So date around and drop the guilt.

6) Just Sex – Unless this is someone you are planning to have a more serious relationship with, keep it to sexy night or days of Sex. Drop the coffee, movie, or shared time.

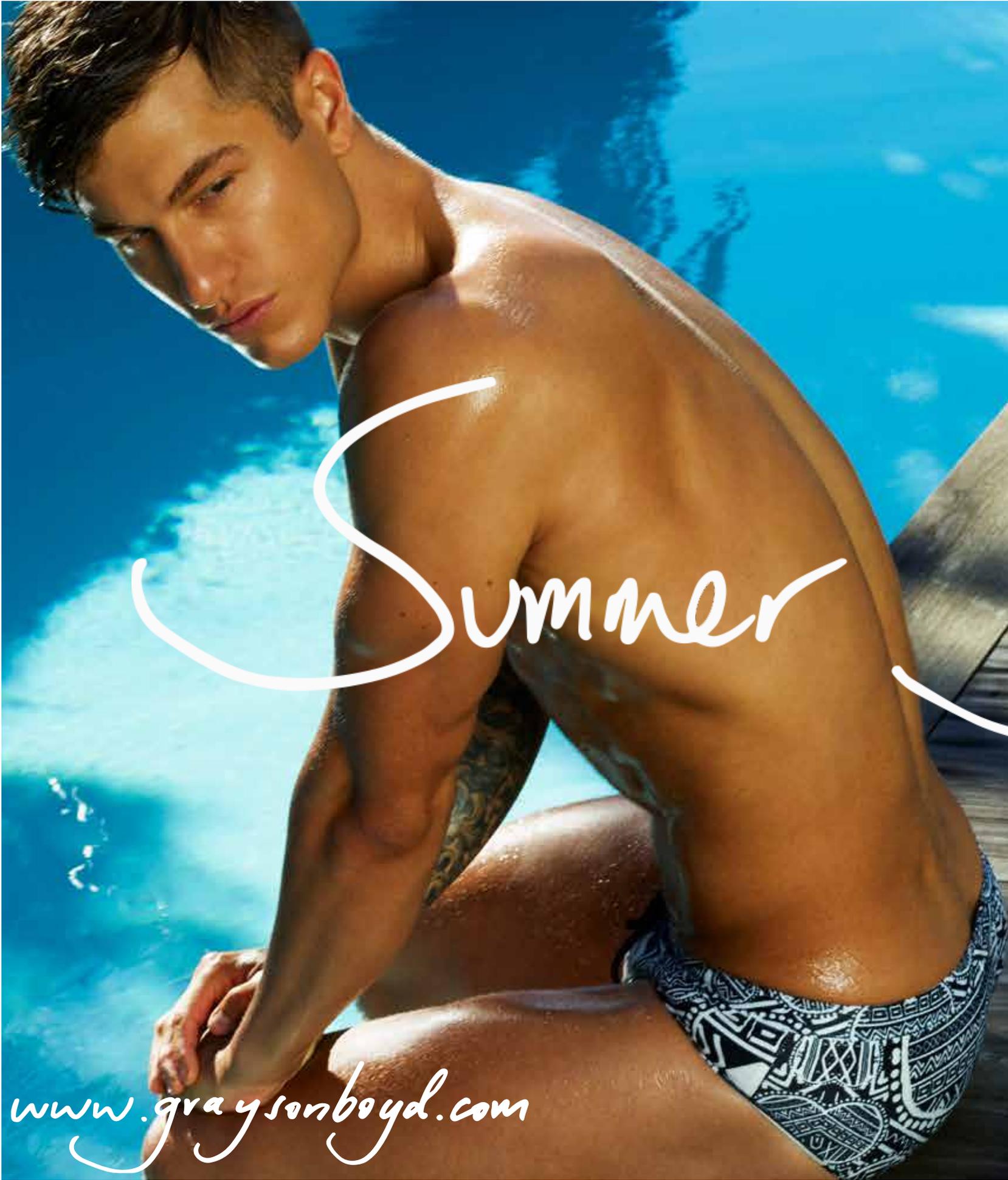
7) **SAFE SEX** – this is just for safe measure. No matter who it is you are doing the big nasty with, keep it safe. Therefore, no glove, no love.

**YOU CAN'T RUIN FRIENDSHIP
WITH SEX.
THAT'S LIKE TRYING TO RUIN
ICE CREAM WITH
CHOCOLATE SPRINKLES.**



C H E C K A

www.shopchecka.com



Summer

www.graysonboyd.com

Somewhere



Summer Wildes

naughty
&
nice



@summer_wildes
www.summerwildes.com

MADE
★ in the ★
USA

#summerlandbra
#bestbraever
#intimates

CAPITAL DE LA MODA

BY MYRA B JOHNSON

When growing up in a city, it's common to set up our blinders and accept that an "import" would promote an idealistic of "better." – But that has changed over the years as Mexico City demonstrates that they have not lost their competitive edge and that their pride alone is their source to feed the cities drive. This season however, was different - more powerful. Having had a recent natural disaster, many outsiders perhaps expected to bring everything to a halt...but it is that same strength that started this platform, that also allowed them to come together and rebuild.

It all began with a vision. A group of creative directors agreed one day to take cues from the culture itself. This time – 10 years ago, the City of Mexico (once referred to as the Federal District of Mexico, 'DF') launched their very own fashion week, it was small – but that didn't stop them. This year, that same group of creative made it clear that they were not trying to be like NY, PARIS, MILAN or any of its counterparts. Realizing that being different was an advantage they began to celebrate fashion-week fueled with several movements that would begin promising greater protectionism and promoting local talent as a symbol of support to the city and those that reside in it. They focused on the heart.

But success comes from those that obtain support for their initiative. Using a globally recognized fashion name allowing themselves to officially use the title MERCEDES-BENZ FASHION WEEK MEXICO CITY, alongside #MBFWMx and most importantly #CapitalDeLaModa as their focus.

Understanding the importance on both local and international press, the Sheraton Maria Isabel took it as their main responsibility to invite prestigious international media such as Conde Nast, The LA Fashion, Nylon, WWD, as well as key local media outlets such as FORBES, ARTISENAL Magazine and several others. The goal was to re-introduce MEXICO CITY, one that though not forgotten had been too often overlooked. The result ended in showing us that MEXICO CITY had never been lost and for those lucky enough to stop and view it – it indeed was more beautiful than ever. The runways this season, similar to the once before, took place in various landmarks that allowed each designer to embrace the history of Mexico. It permitted spectators to experience a true connection with the city, design, gastronomy and history, allowing them to live in the pride.

The first part of the movement happened on Sunday, when the Fashion Platform decided to open at the iconic 'El Angel' monument located directly in-front of the Sheraton Maria Isabel. This brought forth a stance. In the middle of downtown Mexico City, where the statue created by Antonio Rivas Mercado is showcased, would once more showcase a monument that after this day would represent yet another victory in time.

We are just glad to be able to join them for the ride, and say - WE SUPPORT MX.



Mercedes-Benz
FashionWeek
MÉXICO



Gastronomy

BY MYRA B JOHNSON



I use to think of Mexican food as no more than the traditional taco I got down the street at a local vendor with the occasional glob of guacamole and hot sauce - however, after visiting the city, I have realized that I indeed did not know mexican cuisine at all, and that my idealistic of the food was nothing in comparison to all the enriched flavours and tempting aromas, the delicious food of the City of Mexico had to offer. Far from the bland items I had come to experience back home, the dishes here were at times spicy, sometimes sweet, but always suggestive and weighty; being all born

from an unusual gastronomy crossbreeding that intertwines pre-Hispanic, Spanish and French roots it ultimately left my palette in awe and urging for more. Where had I been all this time? And, why was I not aware of it all?

Then I began to think... Perhaps, it was because, though I did not know it before, all the chefs in Mexico had a statement to make that not only brought an art to each dish, but also heart. Either way, there is no doubt in my mind that when in search of the true Art of Cooking, MEXICO is truly where to go - and your choices of restaurants is endless!

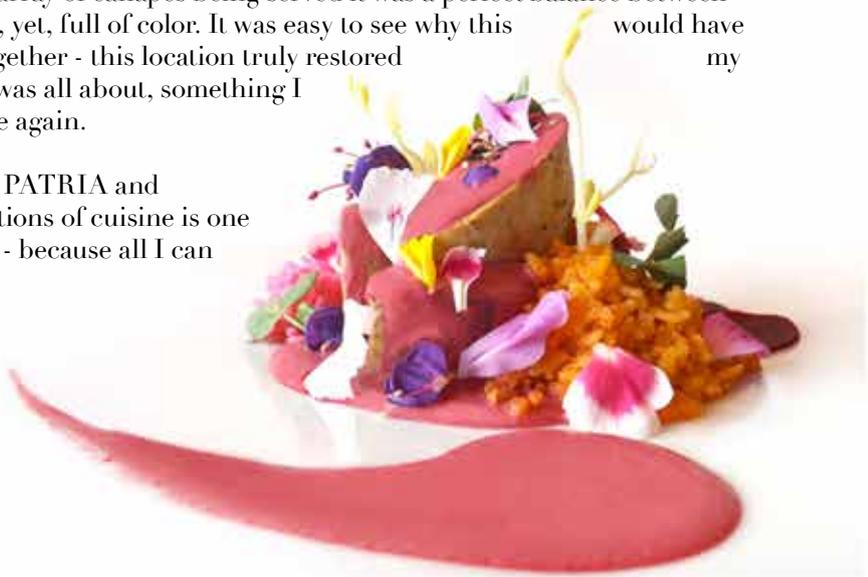
While visiting MEXICO CITY during fashion week we came across a handfull of locations that we are certain left usreturning several pounds heavier; but that fact did not remove the smirk on our faces when asked how it was. I fact, those pounds were well welcomed then as they would be nowas we are saddened to remember the bid farewell to the magical land of wonderful cuisine.

Each place we went to was more delicious than the last: whether we were at the CONDESA HOTEL eating al dente' from various orders of sushi and seafood, or from our midnight run to the rooftop at the ANGELPOLITANO to enjoy traditional dishes - bottomline is each restaurant had much to offer us and perhaps not enough room in our trousers (we are not sure Yoga Pants would be acceptable quite yet). However, the main thing is, we know we were in food coma heaven after that first bite at JASO....perhaps it was the first mezcal, maybe it was the third but how can you not love a place that makes you think of Food over Sex? (I said it). Each dish was so mouthwatering, and the presentation was in true artform...it's as if the chefs didn't serve us cuisine, but instead built a fantasy version of it that made us believe in unicorns and fairies. It was all just an unreal version of reality that was being served; but trust me when I say, food has NEVER looked that good...nor has it EVER tasted like this.

Other locations we had an opportunity to taste was CEDRON while in a large gathering with designers and crew. Having an array of canapes being served it was a perfect balance between dishes that were light and fresh, yet, full of color. It was easy to see why this would have been a place chosen to come together - this location truly restored my faith in what enjoying canapes was all about, something I never thought would be possible again.

But, my hat goes off to DULCE PATRIA and MILLESIME. Their interpretations of cuisine is one that should be left for the Gods - because all I can say is that Words Are NOT ENOUGH to explain how magical it was. All I can tell you is you must go and try it for yourself - and on that trip, calories don't count.

BUEN GUSTO!



CEDRON

ANGELPOLITANO

DULCE PATRIA

millesime

MX

Fashion Week Mexico City this year was perhaps one of the most powerful fashion seasons seen this year. After recovering from what had been perhaps one of the most difficult natural disasters due to one of the hardest earthquakes the capital had ever seen, it was now time to come together and rebuild strength in each others support and not just in the architectural damages found throughout the land.

We were impressed with all the designers this season that it became more difficult to decide who would be best to feature in our story. From the fabrics, the colors, textures, lines and moods - each one left us in awe and ready to shop. However, we were lucky to be able to snatch a few one on one interviews with a handful of visionaires that truly represent to us who MEXICO is. The individual artists were handpicked by our Editor in Chief and the team - some were due to their political stance, others because they truly believe in their country. Nonetheless, the following designers, though are only a small representation of all the talent we came across, are first and foremost a VOICE OF THE PEOPLE, and to us that is power in itself.

ANUAR LAYON, was truly inspiring. His collection initially was highlighting the earthquake back in 1985' - he shared that during his designing they encountered the earthquake this year which brought a stronger voice to what he was creating. Choosing to speak about the union and strength his country faced after the earthquakes by relating them with their national sport, Soccer, it was easy to see how he embodied the the retro-futuristic sporty pieces by mixing neoprene and prints by using Mexican colors. However, the real moving feature on his collection was reading how items carried the inscriptions of "Love", "Re-born, re-make, re-birth." It was a way of him sharing his message. Telling us all to gather strength to once more be.

Another sensation was MANCANDY. Presenting a collection called "Diversity" he accompanied it with the recent launch of his album "Loco" which played in the background. Showing his collection at the Metro Station Buenavista, he shared an idea of diversity inspired by travel and commuting. Having seen a collection of his recently in NYFW we were left in awe when presented with a completely new line, but definitely not upset about it! His show this time was made up of all independent pieces that came together. Some were risky, but somehow it was all welcomed, after all, anything can happen - and this collection was truly one to talk about.

MALAFACHA was truly the one to steal the show, and they didn't even do a runway at all!!! They transported us to a world underwater by having a presentation at the Inbursa Aquarium in their collaboration with Nickelodean and their 90's emblematic cartoon "SPONGE BOB." Re-interpreting the cartoon through a theatrical presentation fused with Mexican Artwork, we have a new found respect for cartoons.



RUNWAY - DESIGNERS

But a collection isn't enough without streetware. Channeling the Alexander Wang approach of showcasing in the middle of the street we were able to experience THE PACK in the heart of La Roma - one of the residential areas that was damaged by the earthquake. The collection showed straight lines inspired by the Sammurai, a gang, a group, a pack. Using natural materials that have been all vegetable died - the self taught designer continued to showcase clean and minimal looks, staying true to his vision, and keeping us eager for more. The best part of talking with him was knowing we will soon be opening up in LA - and we are just itching for that day to come.

ALFREDO MARTINEZ - he reminded us that sometimes it's good to wait. During a one on one he opened up to sharing that he created a line that was built with a fabric he had purchased a few years back. Knowing he wanted to build from this he added textures and metallics to build a collection that was true to form; feminine, flirty, and overall a must have. The one thing we couldn't help but notice was that he continued to show boots that matched the same material on his bottoms creating somewhat an illusion of the two merged together. This has been a trademark of his for about 4 years now, and can now be seen on the runway by designers such a Balenciaga. However, if we could only pick one look, we are still drooling over the metallic silver pant suit (size 6 please?).



We were transported to a more feminine style through that of PINEDA COVALIN as we once more see silks with bright bold prints on both men and women. We love the confidence behind the collection. Though showing movement, it is no hidden statement that prints are bold statements that while beautiful make it clear "WE ARE HERE" while still being shown in the fusion between function and minimalistic design - and that alone is beautiful to us.

SANDRA WEIL to us is the true Social Influencer. Her collection brings a young flair that is feminine and modern between ready to wear separates, and must have resort. Featuring a collection in light materials from Blues and Whites to Yellows, we can see how this brand is easily described as COOL, SEXY, CHIC.

Then, sometimes you come across a powerhouse woman who is a true representation of a Woman making a difference. The designer for LORENA SARAVIA started off with her collection a few

years back and has now built a household name that is making its mark in what it means to be success; and after seeing her collection we understand why. Everything is effortlessly chic and easy to transform with her collection. Keeping a muted palette of off white, black, and khaki it is easy to see how you can wear her pieces as stand-alone or mixed between other pieces in your closet. Everything had a perfect balance between structure, and free flowing, nonetheless, we know we checked off over 90% of this collection to be in our closet.

Lastly, we would not be doing you justice if we did not take a moment to mention a resort collection that is fun, flirty, and pretty amazing. From bold prints in silk, to even a velvet bikini we are still dreaming about - ZINGARA is your must have collection for all your resort needs. As a collection, they truly embrace the female body and make items that are built for any shape, and any comfort level as well. This is a resort line that TRULY has SOMETHING FOR EVERYONE....

For more information on designers from MBFW MX go to www.thelafashion.com





OH HI- MOM

HOW TO SMASH IN YOUR
CHILDHOOD HOME AND NOT
GET CAUGHT BY MOM & DAD

BY GABRIELLE ALLEN

Just because you are on Vacation, Doesn't Mean your Sex Life should be too!

As you pack up for the holidays we urge you to know what to expect: such as whether or not you'll even be allowed to sleep in the same room. You need a game plan. Luckily for you, THE LA FASHION has your covered:

KNOW AND FOLLOW THE RULES

Respect the rules, especially if it's a first time visit. Not sure you can follow suite? Ask yourself what's worse? Three nights of no action, or potentially having his parents hate you for the entire relationship? But don't give hope. This just means you have the perfect excuse to spice it up and play a game of sex anywhere but the bedroom.

MAKE TIME FOR ALONE TIME

You are not two kids visiting parents, so make time to be a couple. Our favorite is always a "Private Gift Exchange" make time and pencil this in (with a pen!).

TIME FOR TOYS

Does this put us on the naughty list? Well, to really go under the radar, buy a sex toy that can easily pass as something you put on your nightstand. Trust us, there are vibrators out there that are disguised as everyday objects. From Vespar Necklaces on Crave.com and Kandi Kiss Lipstick on babeland.com to Rubber Ducky Bathtub Buddy also at babeland.com.

DO SOME RECON

Figure out the family schedule and schedule around it. It's not always a nighttime routine, so figure out the pattern and the moment you're free, giddy up!

HAPPY SEXING!





kiersey clemons

if one box can't confine you, let

MIXED CHICKS®

define you

#ITSMINETODEFINE

www.mixedchicks.net



THE ART OF VINTAGE

SPECIAL EVENT

Accessorize your skincare regimen with
the ultimate skin superfood.

Visit AMOREPACIFIC today to receive a tailored skincare service.



AMOREPACIFIC

© @AMOREPACIFIC_US

🐦 @AMOREPACIFIC_US

📘 @AMOREPACIFIC.US

EXTREME LENGTHS

Braid it Down For Me.

PHOTOGRAPHER: Keith Bryce

MODEL: Bailee Mykell, Holly Gean,
Anna Kile, Brittani Bader

MAKEUP: Spencer Wells

HAIR: Robert Grimes with Aqua Extensions

STYLIST: Seany P Styles

ASSISTANTS: Arbana Dollani,
Nawel Abdelaziz









DON'T KNOW WHAT TO SEND?



SEND HOPE

hopebox.com

hopebox 



A NOMAD'S GATHERING

as presented by Tony Ly

WHAT IS THE NOMAD'S CHRISTMAS PARTY?

The Holidays can be a wonderful joyous time. But for many Nomads with nowhere to go, it can be an outright lonely and sad season. Here in Los Angeles for most of the year, any night of the week there is some kind of event to attend. When closer to the Holidays, businesses are closed and not much goes on. It's a terrible time for Nomads. Over the years, I see so many friends in near depression during the holidays. So the Nomad's Christmas Party is intended to give a little joy.

HOW DID YOU COME UP WITH THE IDEA?

The first Nomad's Christmas party was in 2006, but it wasn't called the Nomad's Christmas Party at the time. With the loss of a great friend, myself and two other friends felt it was necessary to throw a party for some cheers. It was called the TnTnT Christmas Party. The T's represented Tony, Thuy and Troy. The "n" as in TNT which represents explosive charges. So it's an explosive party.

WHAT HAS BEEN YOUR BEST MEMORY?

My Mom often comes to the parties. She makes her famous eggrolls that everyone loves. It goes fast. My Mom does not experience this type of gatherings often, so it great to see she's enjoying herself. There are many great memories, but seeing my Mom enjoying herself with my great friends tops the list.

NOW, WE KNOW YOU HAVE RULES - WHAT ARE THEY?

The rules are to let guests know that we cook fresh food, for everyone be comfortable and yet we can still have conversations in person. I want the event to be about people, how we can learn from each other and the connection we can have people. Nomads live exciting lives, so there are always interesting conversation.

NOMAD'S CHRISTMAS RULES:

*NO Pets or any animal / NO Illegal substance / NO Outside Dishes Accepted NO Restaurant Take-Out Accepted
NO Frozen Dishes Accepted / NO Potluck, (Only God knows what's in it and what happened) / NO Touching others without consent / Politics allowed with 10 minutes on and 20 minutes off person.*

...AND IF SOMEONE BREAKS ONE OF THE RULES?

I brand my house party as a cooking event. It's hard not to get that we celebrate fresh cooking from looking at my event postings. The worst offend is people bringing cooked dish to the Cookout. I'm not sure how much more clear I have to be. Seriously folks, we cook here. Sadly, some I can't invite back.

WHEN IS THE NEXT BIG GATHERING?

The other Gathering I do is the Spring/Summer one. It's a smaller event. Its less work, no decorations and usually a smaller crowd.

AND LASTLY - ARE WE INVITED?

This year's event is called "Nomad's Christmas Party 2017, Fashion Edition". I'm dedicating it to the Fashion Nomads. There is no better definition of a Nomads than ones in Fashion..



GETTING TOASTY

Day-Drinking Right This Season

BY SANDRA PEARCE



1. **CANDY CANE MARTINI** prep time - 5 min

- 1 Shot Rum
- 1 Shot White Chocolate Liquor
- 1 Shot Peppermint Schnapps
- Candy Cane, Garnish

Add all liquid ingredients to cocktail shaker filled with ice. Shake well and strain into martini glass. Garnish with candy cane.

2. **MULLED WINE** prep time - 10 min / cook time - 10 min

- 4 Cups Apple Cider
- 1 Bottle Red Wine (Cabernet Sauvignon)
- 1/4 Cup Honey
- 2 Cinnamon Sticks
- 1 Orange, Zested and Juiced
- 4 Whole Cloves
- 3 Star of Anise
- 4 Oranges, Peeled, for Garnish

Combine the cider, wine, honey, cinnamon sticks, zest, juice, cloves and star anise in a large saucepan, bring to a boil and simmer over low heat for 10 minutes. Pour into mugs, add an orange peel to each and serve.

3. **SPICED RED WINE POACHED PEARS** prep time 20 min / inactive 3 hr / cook 30 min

- 2 Cups Dry Red Wine (Cabernet or Merlot)
- 1/4 Cup Plus 1 Tablespoon Sugar
- 1 Orange, Juiced (should be 1/2 cup)
- One 1 x 3" Strip Orange Zest
- 1 Cinnamon Stick
- 2 Cloves
- 4 Firm, Ripe Pears

In a 4-quart saucepan, combine wine, sugar, orange juice, zest, cinnamon stick and cloves. Bring to a boil, reduce heat and simmer for 5 minutes. While liquid is simmering, peel pears, leaving stem intact and being careful not to blemish the flesh of the pears. Slice 1/2-inch off the bottom of the pears to create a flat bottom. Gently place pears in poaching liquid, cover, and simmer for 15 to 20 minutes, turning every 5 minutes to ensure even color, until pears are cooked but still firm. Remove saucepan from flame, uncover and cool with pears upright in pan. Once cool, cover and chill in refrigerator at least 3 hours or up to 24 hours, turning occasionally, if desired. Gently remove pears from liquid and allow to come to room temperature. Meanwhile, reduce liquid by about half over a medium-high flame for 15 minutes, until liquid is thicker and slightly syrupy. Remove from flame and let liquid come to room temperature. Drizzle each pear with 2 tablespoons syrup and serve.

EXPERIENCE LUXURY CHOCOLATE



Phillip Ashley
CHOCOLATES

www.PHILLIPASHLEYCHOCOLATES.COM

[f](#) [t](#) [i](#) CONCIERGE@PHILLIPASHLEY.COM

le Souk

DINNER.BRUNCH.LOUNGE
OPEN 7 DAYS A WEEK

BOOK YOUR NEXT EVENT WITH US!

FOR RESERVATIONS:

(212) 777-5454

RSVP@LESOUKNY.COM

510 LAGUARDIA PLACE, NEW YORK, NY 10012

**I RESOLVE TO
DEFINE
MY OWN STANDARDS
OF BEAUTY**





FROM SERENA'S KITCHEN

WITH *Love*

With all the hustle and bustle that comes with holiday preparations and entertaining, I like to keep my kitchen as calm and comforting as possible. During this time of year, most everyone has (at least!) one in-home dinner or gathering to either attend or host, but we often don't have ample time to prepare a gourmet meal. Luckily for all our LAFM readers, I'm going to share with you some simple recipes using organic products that will impress your guests and make you look like you hired a professional chef for the holidays!

APPETIZER

Thyme Roasted Butternut Squash

Ingredients:

1 large butternut squash
2 oz carrots, diced
2 oz celery, diced
2 oz white onions, diced
4 TB extra virgin olive oil
4 garlic cloves (peeled)

10 thyme sprigs
salt and pepper
3oz chicken stock

Optional garnish:

Kale chips
Fresh parsley
Pomegranate seeds

Instructions:

- 1) Preheat oven to 425F.
- 2) Peel, deseed and cube the butternut squash and place on a large sheet pan.
- 3) Add the carrots, celery and onions to the butternut squash.
- 4) Rough chop the garlic and mix in with the other ingredients on the pan.
- 5) Drizzle the olive oil over the vegetables, toss to coat them, then season with salt and pepper.
- 6) Add and even distribute the thyme sprigs over the ingredients on the pan.
- 7) Roast at 425 until the squash is soft and has caramelized. (Stir veggies after about 20min)
- 8) Transfer the mixture into a large stock pot and add the chicken stock. Simmer 30 minutes.
- 9) Remove thyme sprigs. Blend/puree until smooth using an immersion blender or transfer into a standing blender. Return to pot and season with salt and pepper to taste.
- 10) Divide into soup bowls and top with either fresh parsley, kale chips and pomegranates seeds as garnish.

SALAD:

Autumn Pear Salad with Candied Pecans and Dried Cherries

Ingredients:

Candied Pecans
1 cup raw pecans
2 tsp olive or coconut oil
1 TB coconut sugar
2 tsp maple syrup
Pinch sea salt
Pinch ground cinnamon
optional: Pinch cayenne pepper

DRESSING

1/4 cup aged balsamic vinegar
1/8 cup extra virgin olive oil
1 shallot, minced

1 tsp mustard
1 tsp raw honey
Pinch sea salt and black pepper

SALAD

8oz organic mixed greens
1 ripe Bosc or Bartlett Pear, destemmed, deseeded, thinly sliced lengthwise
1/4 cup dried cherries

Instructions:

Preheat oven to 350F.

Place pecans on a sheet pan lined with parchment paper

Once oven is ready, toast pecans for 5 minutes. Remove from oven and add oil, coconut sugar, maple syrup, sea salt, cinnamon and cayenne. Toss to combine.

Place back in oven and roast for another 5 minutes or until fragrant. Set aside to cool.

Prep dressing by adding all ingredients to a bowl and whisk to combine. Taste and adjust flavor as needed.

To serve, add greens, half of the sliced pear, dried cherries, and half of the pecans to a large mixing bowl. Drizzle with a bit of the dressing and toss to combine.

Plate and garnish with remaining pears and pecans, and serve with remaining dressing.

DINNER:

Simple, Elegant Comfort Pies

Ingredients:

FILLING

3 TB (30 ml) olive oil, grass-fed butter or vegan butter

1 cup carrots, diced

1 cup celery, diced

1 cup leeks, thinly sliced

1 cup French green beans, diced

2 bay leaves

1 large garlic clove, minced

Salt + Pepper to taste

¼ cup unbleached all-purpose flour (or other thickener of choice)

½ cup dry white wine

3 cups vegetable or chicken stock

2 tsp fresh thyme, chopped

15oz white beans, rinsed and drained

optional: 2 cups roast chicken, small diced (add ¼ cup broth or unsweetened almond milk)

1 batch puff pastry (store bought okay)

Instructions:

Preheat oven to 425F.

Add olive oil/butter to a large saucepan over medium heat. Then add carrots, celery onion and garlic and pinch of salt stir. Add leeks and green beans. Cook until soft.

Add the flour and stir with a whisk, then slowly whisk in the wine, then the broth.

Add thyme, bay leaves and beans stir. If adding chicken, add now.

Simmer until the mixture is thickened, add more broth if necessary.

Taste and adjust seasonings, adding more salt and pepper if needed.

Discard thyme and bay leaves and divide the mixture evenly between 5-6, lightly greased ramekins.

Cut puff pastry into 6 large squares, slightly larger than the size of the ramekins.

Top the filled ramekins with the puff pastry cuts and brush the tops of the pastry with melted butter. Repeat until all ramekins are covered.

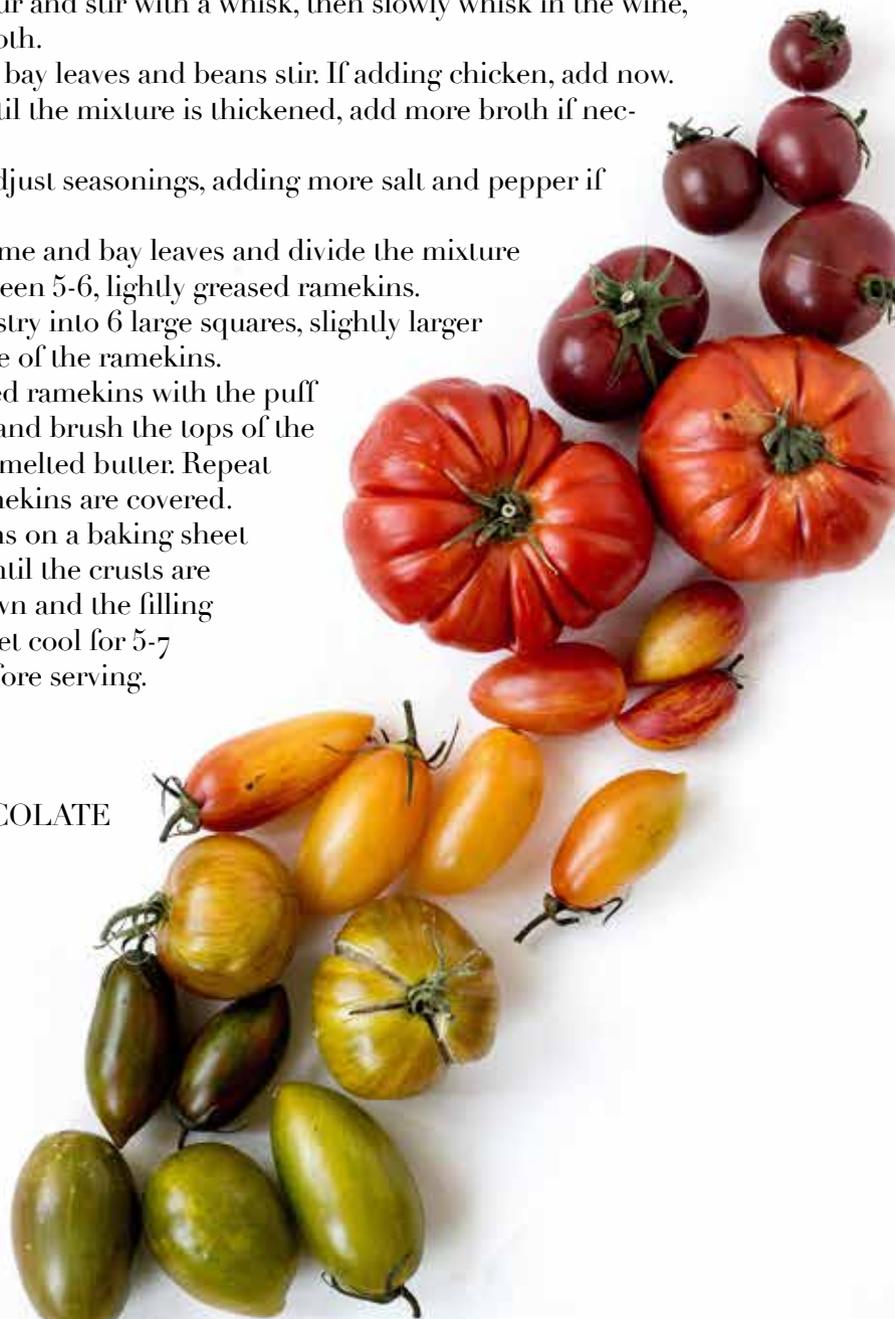
Set ramekins on a baking sheet

and bake until the crusts are golden brown and the filling is bubbly. Let cool for 5-7

minutes before serving.

WANT TO KNOW HOW TO MAKE DREAMY CHOCOLATE HAZELNUT VEGAN MOUSSE? GO ONLINE TO:

www.thelafashion.com



PHOTOGRAPHER: Luka Funduk
MODEL: Nicole Amato

LEOTARD: Bae Bootie Store
JEWELRY: Model's Own



GET FIT FOR THE
HOLIDAY

WITH @BODYBYNIX

JUST TAKE 5

Well we all know it's that time of year which means more calories and more beer, but not to worry here are my top things to do that will keep you on track and yes still let you enjoy your holiday! Now here is the hint to having a fit lifestyle, first you have to change your mindset! Remember it's not a diet it's a lifestyle.

You will enjoy the Holidays and Get a Jump Start on that NEW YEAR NEW YOU - Trend :

A WORD DIRECTLY FROM @BODYBYNIXX TO HELP YOU DIET RIGHT / FAST DURING THE HOLIDAYS.

First, I do in a "intermittent fasting" - a proven way to aid in weight loss, improving metabolic health which according to studies could also extend your lifespan. With several ways to fast, I particularly like doing the 12 hour method. 12 hours on 12 hours off. Meaning if my last meal is at 9 PM (I don't eat until 9 AM the next day). Try this method first and then gradually move into the 16 hour fasting this way you leave yourself with only 8 to 10 hours of your calorie intake window.

First thing I do every morning, I brush my teeth when I first wake up, then I have 8 to 16 ounces of water. Afterwards, I follow up with hot water with lemon (I like to add cayenne to help speed up my metabolism); I do this while I'm getting ready for my day. Now, I have rebooted my system and I do fasted cardio: so, 30 minute run or brisk walk. Next, I have a green juice (this way I can get all my nutrients into the bloodstream). FINALLY, it's time for my first actual meal! I like to start my day with all my greens and my low-calorie meals so that I can enjoy my heavier meals at the end especially during the holidays!!! Now the biggest trick of all is to not deprive yourself if you have a craving; want chocolate cake? have a piece of chocolate cake but don't have the whole cake! Remember it's all about portion control and it's all about enjoying life. EVERYTHING IN MODERATION, life is about a balance. life is to enjoy!

Happy holidays from BodyByNixx may you all be blessed and have a wonderful new year!!



BodyByNixx rules to enjoying life while staying fit:

1. 6-8 hours of sleep
2. Drink lots of water
3. Lots of greens are included in my daily diet
4. Always make time for you! (everyone has 30 minutes) use that 30 minutes for your work out, or meditation but make sure it's for you.
5. Lots of positive thoughts and always laugh



WARDROBE LEFT TO RIGHT:

Jacket: Tommy Hilfiger

Scarf: Jane & Berry

T-shirt: Jil Sander

Jeans: H&M

Shoes: Rick Owens

Jacket: Hawke & Co.

T-shirt: Roberto Collina

Pants: Blue

Shoes: Diesel

Jacket: Free Country

T-shirt: Threads 4 Thought

Jeans: H&M

Boots: Rick Owens

Jacket: Topman

Pants: American Stitch

Boots: Rick Owens

Building with the will to survive
A small measurement for those who strive

Lessons when it comes to strength
Multiplying the time found in length

Improving in a mental task
The answers are found when we ask

Practice is the best energy
Memorize it, stamina will come naturally.

Nowhere near an easy wager
Challenging a force of nature...

CREATIVE DIRECTORS
Philip Righter (@philiprighter)
Sebastian Lysén (@sebastianlysen)

PHOTOGRAPHER:
Alfred Liebl (@alfiecinematic)

TALENT:
Caroline Ljusterdal (@ljusterdal.caroline)
MODELS: Scott Gardner (@scottmgardner)
Marco Jimenez (@marcojimenez),
RC Model Management
Jonathan Baca (@immajoeyduh)
Viktor Russu (@vworkout)

FORCE OF NATURE

WARDROBE Left to Right:
Jacket: Free Country
Scarf: Jane & Berry
T-shirt: Threads 4 Thought
Jeans: H&M
Boots: Rick Owens

Jacket: Hawke & Co.
Hat: True Religion
T-shirt: Jil Sander
Pants: American Stitch
Boots: Rick Owens

OPPOSITE PAGE:
Jacket: Tommy Hilffiger
Scarf: Jane & Berry
T-shirt: Jil Sander
Jeans: H&M
Shoes: Rick Owens





OPPOSITE PAGE:
WARDROBE Left to Right:
Jacket: Topman
T-shirt: Threads 4 Thought
Jeans: H&M

Scarf: Cejon
T-shirt: Jil Sander
Jeans: H&M
Shoes: Rick Owens

Vest: Susina
Hat: Old Navy
T-shirt: Roberto Collina
Pants: Blue
Shoes: Diesel

Jacket: Jack & Jones
T-shirt: Jil Sander
Pants: American Stitch
Boots: Rick Owens



WARDROBE Left to Right:
Jacket: Tommy Hilfiger
Hat: Old Navy
T-shirt: Jil Sander
Jeans: H&M
Shoes: Rick Owens

Jacket: Hawke & Co.
T-shirt: Roberto Collina
Pants: Blue
Shoes: Diesel



Bianca

1. When and why did you start?

I started piano when I was 4 because my 2 older brothers did it too. I loved it and started singing lessons when I was 9, so I could get into my dance school's show group, then I began song writing when I was 12 and I've been doing it ever since.

2. Which famous musicians do you admire? Why?

Obviously I admire big artists like Beyonce, Rihanna, Katy Perry and Sia etc. because of how they've pioneered music in the pop world. But I really admire female writer/producer/performers like Grimes and Alison Wonderland because there's such a stigma towards women in music industry. People think they can't do everything themselves but these women do it all themselves and really well, so they're great role models for other female musicians.

3. What are your fondest musical memories?

When I was 5 I wrote a song called "Music school is fun" on piano and I performed it at the end of year concert. My brothers had to get up and sing it with my teacher and the video of it is hilarious because they're so awkward. So that was great.

When I was in primary school, every weekend my dad would wake us up by blaring music through the house. So we'd be woken by The Beatles, Jethro Tull, Crowded House, Cats, Phantom of the Opera and a multitude of other albums that he'd be belting out too. At the time I didn't really appreciate not being able to sleep in but I like that I got to hear all that stuff now.

4. What influenced you? Any artist you admire most?

Growing up I really loved (and still am a major fan of) music theatre and liked that you could be in character when performing a song because it was less personal and scary than being myself haha.

But I think the storylines in the songs really influenced my writing because I try to give people an image of what I'm singing about.



In terms of the pop world, which is what I mostly write, I take a lot of my inspiration from Rihanna because she crosses over so many genres, uses her voice in such interesting ways and is constantly reinventing herself.

7. TALK TO US ABOUT COMPETITIONS, BIG BREAKS, OR LIFE CHANGING EXPERIENCES...

A buddy of mine got me into the studio to write a few songs to pitch to artists, which I'd never done before. We got a few short acoustic songs down and I went home and thought nothing of it. A few weeks later I came back to the studio and he showed me a demo of someone else singing the topline and he told me it was Jennifer Lopez. Obviously I lost my mind because Jenny from the Block was singing a demo of a track I'd written in Australia and I couldn't believe it.

Then 3 days later I was scrolling my Facebook and a music page I'd liked on Facebook had an article on a new track that she'd performed at the iHeart Radio music festival, which strangely had the same name as the song I'd written.

I checked out the video of her performance and not only was she singing it, she had a dance routine AND costume change for it. So clearly I lost my mind again. That one performance did so much for me and I'm so ridiculously thankful that she decided to do it because it opened so many doors for me to work with people over in the US. It was also probably the best possible affirmation that what I was doing was worthwhile at a time when I was so unsure about music. So cheers J-Lo. You my girl :)

8. WHAT ADVICE WOULD YOU GIVE TO SOMEONE ASPIRING A CAREER IN MUSIC?

...be nice, no one likes to work with someone that's rude :)

9. HOW DO YOU BALANCE YOUR MUSIC WITH OTHER OBLIGATIONS?

Everything I do is based around music. The only other obligation I have is cuddling my dogs #multitasking

11. WHAT ARE YOU WORKING ON NOW?

I've got lot's going on at the moment. I do a bunch of toplining for EDM artists, and that's mainly been with Australian DJs (Will Sparks, Tyron Hapi, Joel Fletcher etc.) but I've started working more with international artists like EXSSV, Parker and T-MASS so I have plenty of releases coming up.

I also do a fair amount of pitch writing for artists in the US and I'm currently working on my solo project. So lots of music in the works.

FOLLOW HER ON INSTAGRAM
[@supimbianca](#)

Gabriel Berenbaum

"Start Again" - available on Apple Music

1) WHEN AND WHY DID YOU START?

I started teaching myself guitar and writing when I was about twelve years old. I found an old Harmony guitar my dad had picked up at a yard sale in the 80's and never put it down. After that I started writing my own songs and have never looked back.

2) WHAT WAS THE FIRST TUNE YOU LEARNED?

The first song I ever learned on guitar was "Yesterday" by the Beatles, soon followed up by "Blackbird" and a ton of other songs, too many to name.

When I was in primary school, every weekend my dad would wake us up by blaring music through the house. So we'd be woken by The Beatles, Jethro Tull, Crowded House, Cats, Phantom of the Opera and a multitude of

3) WHO IN YOUR FAMILY IS MUSICAL?

My father plays piano and taught me a thing or two growing up. My mother also dabbles but is more so responsible for always playing music in the house and on car rides. Since I was very, very young. Artists like David Gray, Norah Jones, The Beatles... the list goes on and on. I'd say what they really provided was a musical environment and I'm very thankful for that.

4) WHAT ABOUT ROLE MODELS?

There's a ton of musicians who have influenced me over the years. I'd say songwriting wise artists like John Mayer, M83, James Morrison, Radiohead and The Beatles to name a few. Favorite guitarists are Hendrix, Plini, Derek Trucks, and Tommy Emmanuel. All of them have certain qualities I admire and try to make my own.

5) WHAT ABOUT YOUR BIG BREAK?

So I'm 22 years old at the moment. The release of my album "Start Again" was a pretty big deal for me. It was a full length album with 12 tracks that I worked tirelessly with my co-producer for over two years. I had written all the arrangements and had the opportunity to work with so many incredible musicians who each gave something special to the record. I had the album release at Clarke Hall

with a 17 piece band, which was so memorable, playing it start to finish and watching it all come to life. Soon after that I graduated from the Frost School of Music at University of Miami with honors. I also wrote a piece for an 80 piece orchestra and got to have it performed by the Frost Symphony Orchestra which was unreal standing beside the conductor hearing a room fill with real instruments after hearing synthesized midi on my computer for months. Aside from that I've had a couple placements with my songs. "Can't Let It Go" off of "Start Again" was used in a feature film called "Miami Love Affair" and another original was used in a Showtime show. When I was living in Miami for school I got to record at Mark Anthony's studio in Miami which was a pretty mind blowing experience. Lets see... My band and I won a Battle of The Bands at UM was exciting because we had been runner up the year before haha. Oh and performing for the American Idol judges earlier this year was pretty cool.

6) ANY ADVISE TO OUR READERS?

Be passionate about it, give it 100 percent because 1) its worth it and 2) why not? Thats the only way to put together the best product you can, and maybe most importantly believe in what you are doing.

7) YOU TEACH MUSIC - TELL US MORE ON THAT..

I've been teaching guitar, theory, songwriting, and production since high school. Its one thing to do music but to be able to talk about it and break it down is an entirely different thing. I teach at my studio mostly and it's really rewarding to see people of all ages (5-65 yrs.) come back to you improving each week.

8) IT'S NON-STOP BEING IN THE ARTS, HOW DO YOU HANDLE OTHER OBLIGATIONS?

What Other Obligations?

8) WHAT ARE YOU WORKING ON NOW?

I'm currently juggling a few projects with other artists that I'm producing and arranging for. But secretly in the works is a double EP, with all new originals I've been crafting and I'm really excited about. It will come out sometime in 2018 TBA. I'm also gigging and about to go to Miami and then on a west coast tour in December into the new year.

FOLLOW HIM NOW:

@gabeberenbaum

A man with dark hair and a beard, wearing a dark, heavy coat, stands in a snowy landscape with evergreen trees in the background. He is looking off to the side with a thoughtful expression.

“MY GREATEST TEACHER
HAS BEEN MY
I-TUNES LIBRARY”

CREATIVE DIRECTOR: Philip Righter (@philiprighter)

PHOTOGRAPHER: Alfred Liebl (@alfiecinematic)

MAKEUP: Caroline Ljusterdal (@ljusterdal.caroline)

STYLIST: Michele Harper and John Prevost

MODELS (Left to Right): Sebastian Lysen (@sebastianlysen),

Nikki Lund (@nikkilundclothing), Jacob Dooley (@jacobdooley)

All jewelry is XYXZ

All Shoes are SHOEDAZZLE

All clothes on Nikki Lund are NIKKI LUND CLOTHING.

Sebastian is wearing HELMUT LANG

Jacob is wearing VERSACE



Art | Basel

BY PHIL RIGHTER

Art Basel. Sounds like some fancy new organic spice sold at Whole Foods. Pretty quickly (some times more quickly than others) I realize that's "basil" ... and I don't like it.

But I do like Art Basel, the annual Miami-based week involving over 250 of the world's leading art galleries and drawing over 70,000 visitors -- while engaging, inspiring, exciting, and sharing artwork with collectors, curators, critics, artists, and art enthusiasts from across the continent.

Art Basel is not all about selling art, but more of a cultural movement that revitalizes and invigorates interest in the arts. Galleries create "sectors" for five different types of artistic installations.

The "Nova" sector features strong juxtapositions and never-before-seen pieces fresh from the artist's studio; "Positions" allows curators, critics, and collectors to discover ambitious new talents from across the globe by providing a platform for a single artist to present one major project; "Edition" exhibits the results of collaborations with renowned artists, providing visitors with the opportunity to see significant and rare publications; "Kabinett" is where galleries present a curated exhibition by an artist of their choice, usually rising stars and thematic group exhibitions; and "Survey" which presents precise art historical projects representing a range of cultures, generations and artistic approaches.

Here at LAFM we are bringing Art Basel to you complete with how we might interpret each of the five sectors.

"Life is a journey of self-discovery and It's ok to not feel strong every day. I get down sometimes and that's normal. But I know at the end of the day I am not stuck and there's always something I can find that will inspire creativity or expand my horizons and change my point of view or possibly even the course of my day, week, month or life."

- Nikki Lund





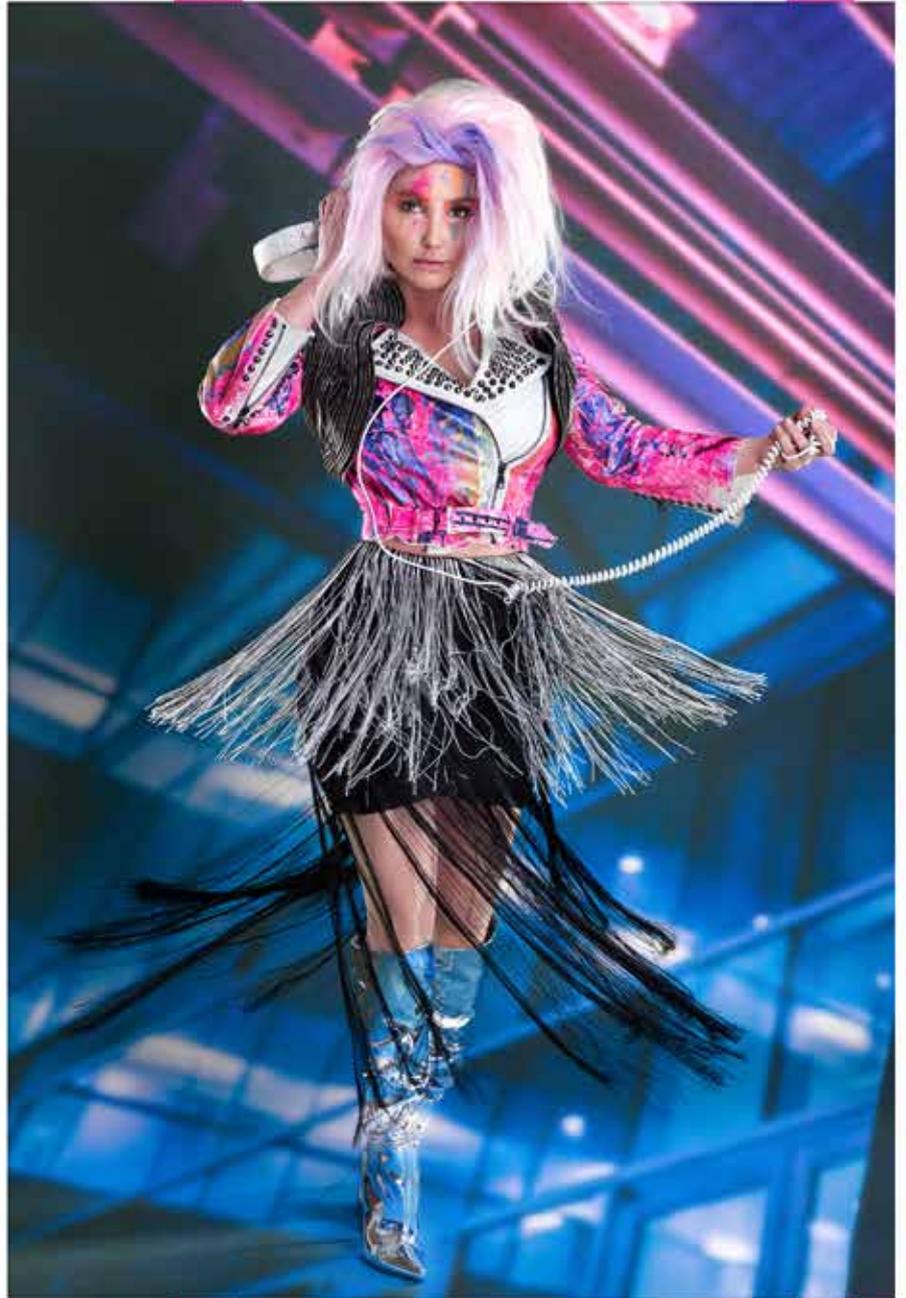
"I'm tired of people complaining life sucks while sucking on the tit of society; being lazy; rude & disgustingly entitled. I have had to work very hard for everything I have & like my father use to always say 'The best helping hand is at the end of your own arm'" - Nikki Lund



FASHION IS ART

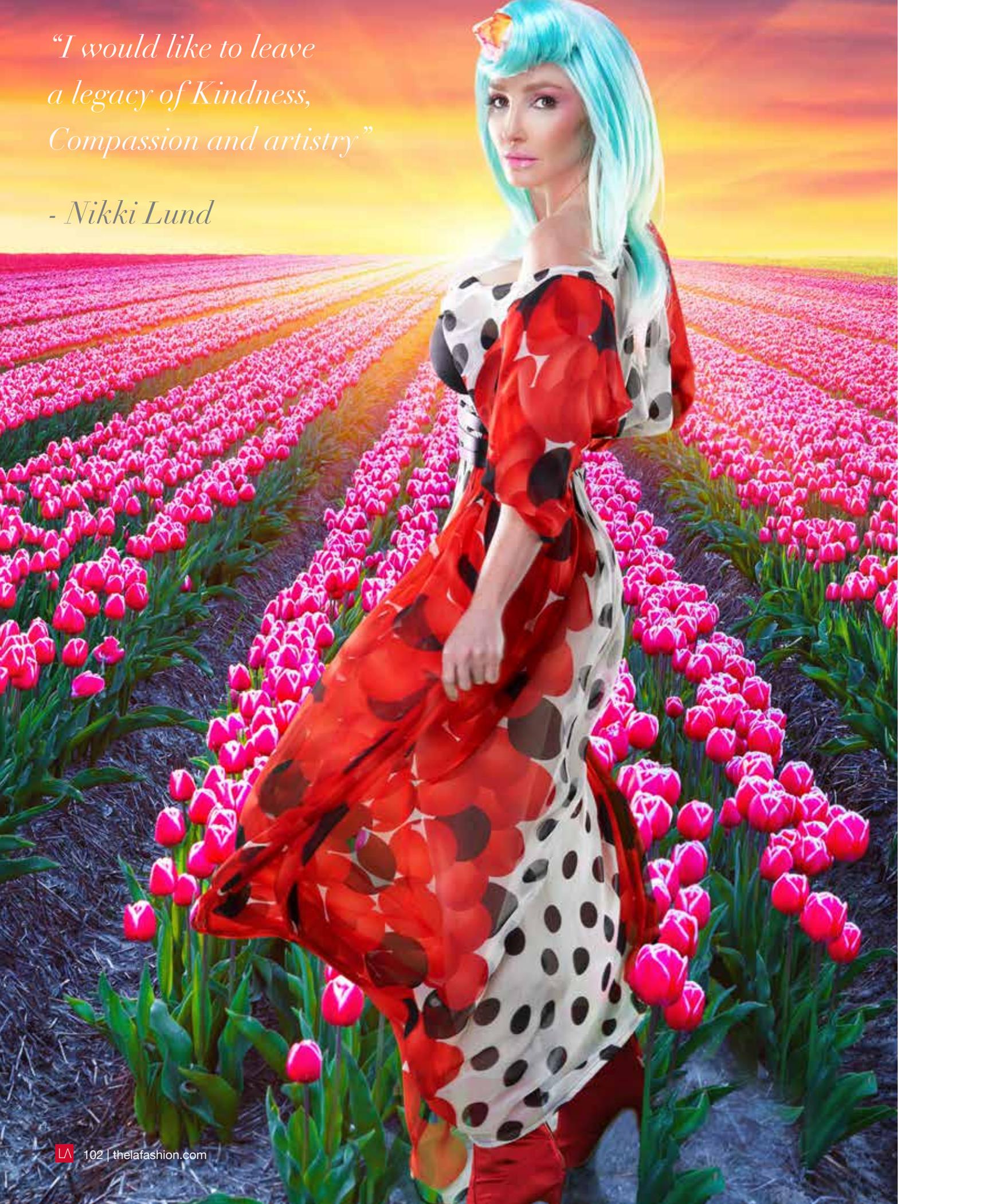
“Fashion is just another extension of my artistic being as is music. People always say -well what are you? A musician or a designer? And I want to ask them if they are scared of a new color crayon or just looking for a label to place on me. I am neither one or the other. I am an artist that is using all my creative outlets for expression just like every other artist.”

-Nikki Lund



*“I would like to leave
a legacy of Kindness,
Compassion and artistry”*

- Nikki Lund





HOLI-SCOPES

just in time for the new year

BY ELIZABETH PARK

PISCES You are our Glam girl. But we all know that beauty starts from before the skin is wardrobe, so use some skin care goodness! We suggest our favorite night cream to get followed by our morning routine to get us started. Thanks Lallogy!

AQUARIOUS you love to mix pieces together, and with fashion in a new athleisure approach try mixing fun sporty pieces with great shoes and jewels. Our go to pieces? Zenobian Moxis mixed in with some pink karma bling!

ARIES All about confidence! But confidence begins with making your hands be fully polished. Deborah Lipman polish that is! This season was a hit on the runway, and we were all about the lacquer!

TAURUS Always looking for the right investment, start by investing in you! Have you heard of Light Contouring? Just a few sessions and your investment will have you feeling tighter in all the right places. Visit **THE TANNING BOUTIQUE**, Erika will be the best!

GEMINI Loving to work with shapes and structure, we recommend you mix your jewelry. Sand and stone has these great stackable bracelets that mix in leather bands with crystal bracelets. the perfect accessory to make any of your fashion styles pop.

CANCER for someone that loves to shine, it's easy to fear the winter as it approaches. But not to fear as **FACE** has a shimmer that is near. Offering 4 different shades, it will help bring that summer glow through fall.

LEO oh sophisticated one! Wanting nothing but the very best, we know you always have your heels ready. But with heels, often comes much foot pain. Try **STILL STANDING**. This magic miracle foot spray will have you stepping into bliss; you may even forget you are on your toes.

VIRGO not wanting to go too flashy but staying on trend, your go to fashion items this season are thanks to **VIABLE HARVEST** great watches and shades to keep you stylish and chic with striking designs to catch the eye, but never too flashy.

LIBRA This is your month! This season you need not worry for yourself, but we can give hints to those who will be gifting: Flowers, Jewelry, and maybe a Stuffed Plush to help you sleep through the night. Our Editors recommendation? Aitai Kuji's killer wale! It's so fluffy!!!

SCORPIO You may look ladylike, but are definitely coming with an edge! This season we recommend velvets and leather. leather boots that is! Try some over the knee leather boots like those found in Steve Madden.

Happy Birthday

SAGITTARIUS –

Relaxed elegance is the name of the game for you! So sit back, relax, and enjoy some tea! Paper and Tea is our favorite while we soften our skin with Lisse Foot and Leg masks. So sit back and enjoy!

CAPRICORN

Always working on a power forward approach, we recommend you go bold. Bold lips, and definitely bold lashes. Try Miranesse Mascara, this will be this seasons secret weapon.

This Holiday Season has enough going on already, so let us prep you with some inside info on what the stars have in store for you.

For some, this month is one to rest and focus on **YOU** - others, we ask that you ease into your plans. But all goes without saying - there are things that can't be ignored.



*St. Vincent
Jewelry*



DTLAglam.com



*500
merchants*
Infinite possibilities

*Wholesale prices
direct to the public*

Hill St. & 7th • DTLA

GENERAL THINGS LLC

WWW.GENERALTHINGSLLC.COM



DOM'S DISTRIBUTION

Est. 1964

doing small things in a great way®

Contact Us: 323.312.6280



WWW.DOMSDISTRIBUTION.COM

GENERAL THINGS LLC

WWW.GENERALTHINGSLLC.COM

STYLIST/DIRECTOR: IVAN ARCE
PHOTOGRAPHER: MAHSA SAFDARI
MODEL: CARISSA SATCHELL
DESIGNER: ANNE BOWEN



SAFFRON[®] SECRET

“THE SECRET IS IN THE HAIR”

100% ORGANIC SAFFRON WILL ENRICH YOUR HAIR
WITH VITAMINS B2, B3, B6 & ANTIOXIDANTS.

